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| <p>Step 1 Description: Patient experienced a hip fracture at home while cooking dinner. Once she got admitted to the emergency room, she was taken to the operating room for an open reduction internal fixation repair. After surgery and after being transferred from the recovery area she was moved to the med-surge floor (in the simulation room). Crystal and I were her nurses for the day, while Ashlee was the patient and Kayla was the family member. The patient was stabilized by the end of the scenario.</p> | <p>Step 4 Analysis: I can apply my previous knowledge about fractures and orthopedic surgeries. There is quite a bit of research on hip fractures, especially in the elderly. The scenario also brought up issues with infection, elderly care, and family care. The patient struggled to take care of herself and was unable to maintain safety while she lived at home alone. Crystal and I had slightly different experiences, even though we were both the nurses for this patient. She did not have as much experience with fractures or surgeries.</p> |
| <p>Step 2 Feelings: At the beginning of the scenario, I was nervous and anxious about what to expect. I was not nervous about the scenario itself, but more since it felt a lot like a CPE. The event made me feel nervous to start; however, once I got in the room with the patient, I started to feel more confident. I like to think out loud, so planning before helped a little. I felt like I learned a lot from the scenario and working with the other student nurses.</p> | <p>Step 5 Conclusion: I felt like we could have planned more and deliberated more outside of the patient's room. If we communicated more inside and outside, then the patient would have had a faster recovery. If we communicate about what we are doing to the patient, we are also letting the other nurse know what is happening. I have learned that communication is key, not only for the patient but also between all medical professionals as well.</p> |
| <p>Step 3 Evaluation: I really enjoyed being able to plan a little and talk with the other student nurse about our plan. It was hard having another student nurse that I did not really know. I think the scenario would have been easier with a nurse that I know and have worked with before. I communicated with the patient and family well. Crystal did a good job with the assessments. I did not agree with the dressing change; however, I did not know she was going to change the dressing. I wish there were better communication between the nurses in the patient's room.</p> | <p>Step 6 Action Plan: I think she situation was good for us to learn and experience. I conclude that communication plays a large part in being a successful nurse. If you do not communicate with other health professionals, you might be put in a situation that not everyone on the team agrees with is best for the patient. Next time I would be more confident and try to take the lead more. I think both of us were nervous and afraid of doing something wrong, so we were very conservative. The lessons I learned from this scenario will be greatly helpful in the future and will allow me to grow as a nurse.</p> |