

Madison Gage

## IM6 PMH Alcohol Withdrawal

### Guided Reflection Questions

1. What issues have you identified that could be barriers to a successful treatment for Rhoda Smith?  
-I think a barrier to successful treatment could be the anxiety she is experiencing. I also think it could be a barrier that she potentially hurt the relationships she has outside of the home by not showing up to her obligations.
2. How would you address the denial she is expressing regarding her alcohol consumption?  
-I would address her denial by being honest and also letting her know that there is no judgement but that I need to know to better care for her and lead her to the resources she may need.
3. Identify a support group that would be beneficial to Mrs. Smith.  
-A support group that I think would be beneficial to Mrs. Smith is Alcoholics Anonymous.
4. Identify support groups that would be beneficial to Rhoda Smiths' family.  
- Support groups that I think would be beneficial to Rhoda Smith's family is al-anon, smart recovery, and Lubbock addiction services.
5. Rhoda Smith is currently in mild to moderate stage of alcohol withdrawal. As she moves into Stage II (24 to 72 hours) and then into Stage III (after 72 hours), what behaviors should be assessed for and what safety measures should be initiated?  
-I would expect to see nausea, vomiting, sweating, hallucinations, headache, tremors, and anxiety. At this stage, I would want to make sure the patient is on seizure precautions, and make sure she and her family are aware of the symptoms she is expected to experience. Especially hallucinations.

6. How would you apply the skills and knowledge gained in the Rhoda Smith case to an actual patient situation in different acute care units (emergency room, intensive care unit, obstetrics unit, etc.)?

-I will apply the skills and knowledge gained in the Rhoda Smith case to actual patient situations on a daily basis. I would like to be an emergency room nurse, so seeing patients in alcohol withdrawal will happen very often. I now know more about the meds used and how to give them, as well as, how to better communicate with patients experiencing alcohol withdrawal.