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<p>Step 1 Description</p> <p>While in simulation I was able to play the role of the parent while another student bravely battled the role of the primary nurse. Together we formulated a plan on how she would go in and address the scenario step by step. We covered everything from knocking on the door to what assessments, interventions and medications she would be expected to complete. She started out really strong..</p>	<p>Step 4 Analysis</p> <p>What I learned from this experience is the importance of remaining calm in situations like these, it's so easy to become flustered and lose track of our thoughts even more so when we know exactly what we are supposed to be doing and how to do it. But our nerves alone can have a huge impact on the success (or failure) of the situation.</p>
<p>Step 2 Feelings</p> <p>Simulation alone is a nerve wrecking experience, it's easy to become flustered when you know you are being critiqued and anticipating something to go wrong. The other student (nurse) did an exceptional job, introducing herself, identifying patient and family as well as getting through her assessments and identifying/prioritizing her care based of the patient's pain level. I was really proud of her.</p>	<p>Step 5 Conclusion</p> <p>Had she remained calmed (I know easy for me to say, I wasn't the one under pressure in that moment) she would have been able to continue through with the medication administration and executed the simulation.</p> <p>Overall I think she really did a great job. We talked about it on our walk and we both agree the importance of remaining calm and double checking the medication prior to administering it. It's definitely an eye opener and I'm so glad that we were able to learn from this scenario.</p>
<p>Step 3 Evaluation</p> <p>It wasn't until she got to her medication administration that she began to get flustered and lose track of the plan. She had drawn up morphine and before she began to push I made a comment about how the nurse before her had used a bigger syringe which prompted her to excuse herself to draw up the appropriate amount and properly dilute it. Because she realized that a mistake had been made she allowed her nerves to get the best of her and couldn't properly gather her thoughts to continue with the antibiotic that needed to be piggy backed.</p>	<p>Step 6 Action Plan</p> <p>We will definitely be paying close attention to of seven rights of medication administration as well as learning to go in confident (not overly, but believing in ourselves a little more than we give ourselves credit for) and remaining calm is tense situations.</p>