

Student Name: Nikaele McCoy

Date: 3/31/2021

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

Assessment completed 0730 for patient admitted for pleural effusion and pain.

At the time of assessment patient alert and semi-fowlers in bed.

Neurological–sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

Alert x 3. Pupils 3mm PERRL.HGTW strong bilaterally. Movements coordinated and strong.

Comfort level: Pain rates at 8 **(0-10 scale) Location:** Abdomen and R side of chest

Psychological/Social (affect, interaction with family, friends, staff)

Patient anxious upon awakening c/o excessive pain and discomfort. Cooperative with staff and interacts appropriately.

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing) Sclera clear and white without drainage. Ears symmetrical canals clear without

discharge. Oral mucosa moist and pink. Trachea midline. No enlarged lymph nodes detected on palpation.

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Chest symmetrical, respirations 18 breathing unlabored. Breath sounds CTA bilaterally.

O2 at 2L per NC with O2 sat 94%.

Cardiovascular (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

Normal rate and rhythm. Apical rate 88, apical pulse 2+ bilaterally. Pedal pulses 2+ bilaterally. Lymphedema visualized on the R upper extremity due to R radical mastectomy.

BP 110/70 capillary refill <3 seconds with pink nail beds.

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IM1 Patient Physical Assessment Narrative

Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation) Abdomen flat, soft, with tenderness verbalized. Active bowel sounds x4 quadrants.

Last BM 3/29/2021

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) Voids clear, yellow urine. Denies discomfort or odor upon voiding.

Urine output (last 24 hrs) _____ **LMP** (if applicable) _____

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities) Ambulates with assistance x1. Able to move all 4 extremities with minimal difficulty.

Skin (skin color, temp, texture, turgor, integrity) Skin warm, dry and intact. Turgor WNL.

Wounds/Dressings PleurX catheter observed on R side. Bandage clean, dry and intact.
