

## Opioid Withdrawal Guided Reflection Questions

1. Describe your reaction to the end of shift report given in the patient scenario video. **The end of shift report led me to believe that the patient may not have been given therapeutic communication overnight and may feel judged. The patient may not be receptive at first if she has already feels like she has been judged because of what brought her in.**
2. Have you ever witnessed this type of nontherapeutic communication between nurses? How did you react? Did you intervene? What might you do differently in the future? **Yes I have. I was still a brand new nursing student so I didn't intervene and I just stayed silent. I would speak up in the future to keep communication professional because nontherapeutic communication can set the tone for the nurse coming in and how their day may go/ how they treat the patient.**
3. What changed from your initial impression of the patient as you moved through the patient scenario video? **She started out a little aggravated as the video started. As the nurse used therapeutic communication, the patient relaxed a little more and became more cooperative with the assessment and answering questions.**
4. Patients with addictions may difficult for nurses to provide care for if the nurse has had a negative experience either professionally or personally with people who struggle with addiction. What can you do as a nurse to prevent personal biases from interfering in your own nursing practice? **I can be aware of my own biases before I go into the patient's room and be sure that I continue to use therapeutic communication as I care for them.**
5. If you had to explain the pathophysiology of opioid addiction to a patient's family, what would you say?