

IM6 PMH Alcohol Withdrawal

Guided Reflection Questions

1. What issues have you identified that could be barriers to a successful treatment for Rhoda Smith? Some issues that I have identified that could be barriers to a successful treatment for Rhoda Smith is her anxiety, and her inability to answer questions in the initial state that she's in.
2. How would you address the denial she is expressing regarding her alcohol consumption? To address the denial she is expressing regarding her alcohol consumption I would try to remind her that as nurses we are not there to judge her but there to help her, and in order to give her the help she needs we need our questions answered as honestly as possible.
3. Identify a support group that would be beneficial to Mrs. Smith. A support group that would be beneficial for Mrs. Smith would be a group that expresses healthy ways of relieving stress, and that consists of people who have grandchildren because she seemed to be worried about them while she was in the hospital.
4. Identify support groups that would be beneficial to Rhoda Smiths' family. A support group that would be beneficial to Rhoda Smith's family would be one that consists of people who also have a family member that is going through the same thing.
5. Rhoda Smith is currently in mild to moderate stage of alcohol withdrawal. As she moves into Stage II (24 to 72 hours) and then into Stage III (after 72 hours), what behaviors should be assessed for and what safety measures should be initiated? As Rhoda Smith moves into stage III of alcohol withdrawal she should be assessed for autonomic hyperactivity, sensorial and perceptual disturbances, delusions, agitated behaviors, and her temperature should be assessed. Seizure precautions and fall precautions

should be initiated, and there should be a crash cart near if anything were to go south.

6. How would you apply the skills and knowledge gained in the Rhoda Smith case to an actual patient situation in different acute care units (emergency room, intensive care unit, obstetrics unit, etc.)? In different acute care units I would apply the therapeutic communication that I saw given to Mrs. Smith, I would provide support and comfort and allow the patient visitors, and I would engage the patients in whatever was interesting to them to distract them from the symptoms that they may be experiencing