

**Ashley Reyna**

**IM5 Pediatric Simulation End-of-Life Scenario Assignment**

That video had me going through so many different emotions, sadness, joy, fear, and anxiety, all those feelings all in that time frame of Claire's video. Claire had Cystic Fibroses which is a disorder that causes severe damage to the lung, digestive system and other organs in the body. CF also affects the cells that produce mucus, sweat and digestive juices the secretions plug up tubes, ducts and passageways, especially in the lungs and pancreas. The main problem she had was respiratory distress that lead to lung damage. Her clinical manifestations that I observed were a productive cough, shortness of breath, fatigue, the productive cough came from the mucus that the cells produce, shortness of breath due to blocked passages, and fatigue from her lungs working so hard, my nursing interventions for Claire are maintain adequate oxygen, promote measures to remove secretions, adequate fluid, dietary and nutrition. Care team would include pulmonologist, respiratory therapist, dietician, pharmacist, nurse coordinator, psychologist, and social worker. Claire's family had to work instead of being there in the hospital with her so they could pay for the hospital bills and other finances. I learned from this experience that you can accomplish goals in life no matter what anybody is going through if you set your mind to it. Watching this video has helped me realized to not to show petty for a patient that is sick, to care for that patient by helping them live life to the fullest. Claire inspired me by wanting to help other people who had CF, or any other sickness believe that they can be successful in life. Moving forward in my nursing career I will care for my patients but also encourage them not to let their sickness take away their power. Caring for a child who is actively dying would have been hard for me emotionally but after watching Claire's video, to be apart of that child end of life care I would try my hardest to let that child live life by letting the

child engage in things that they enjoy so that they are happy I also believe that it would also help the parents cope with their child passing away, they would have memories of happiness.