

Student Name: Brooke Carroll

Date: March 28, 2021

### Patient Physical Assessment Narrative

**PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).**

**GENERAL INFORMATION** (Time of assessment, admit diagnosis, general appearance)

Patient admitted with abdominal pain due to pneumoperitoneum. Assessment at 1100 on 3/23/2021.  
Patient appears calm and relaxed.

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**Neurological-sensory** (LOC, sensation, strength, coordination, speech, pupil assessment)

Alert, oriented X 3. Pupils PERRL. Hand grasp, toe wiggle equal & strong bilaterally.  
Patient speaks clearly and is able to follow directions

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**Comfort level: Pain rates at** 6 **(0-10 scale) Location:** abdomen

**Psychological/Social** (affect, interaction with family, friends, staff)

Family at bedside. Patient acts appropriately for age and is respectful towards staff.  
Patient has positive affect.

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**EENT** (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing) No presence of drainage. Sclera white. Oral mucosa pink, moist, and intact.  
Nasal septum midline.

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**Respiratory** (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Respirations 16, even, unlabored. O2 sat on room air 99%. Breath sounds clear to auscultation bilaterally.

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**Cardiovascular** (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

Heart rate 60. Audible and regular rate & rhythm. Denies chest pain or discomfort. Capillary refill 3 seconds.

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### IM1 Patient Physical Assessment Narrative

**Gastrointestinal** (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation) \_\_\_\_\_

Active bowel sounds X 4 quadrants. Abdomen distended and tender. Patient complains of mild abdominal pain. Midline surgical incision with wound vacuum. Right Upper Quadrant Ileostomy bag.

\_\_\_\_\_ Last BM N/A

**Genitourinary-Reproductive** (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) \_\_\_\_\_  
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N/A **Urine output** (last 24 hrs) N/A **LMP** (if applicable) N/A

**Musculoskeletal** (alignment, posture, mobility, gait, movement in extremities, deformities)

Moves all extremities. Gait unsteady. Minimal ambulation. Complains of feeling of weakness in extremities. Complains of back and abdominal pain when sitting up in chair. Assistance needed when changing positions.

**Skin** (skin color, temp, texture, turgor, integrity)

Skin warm to touch, dry, & intact. Color appropriate to race. No edema present.

**Wounds/Dressings**

Midline surgical incision with wound vacuum. Left Lower Quadrant occlusive dressing on previous JP drain site. All sites clean, dry, and intact.

**Other**