

Student Name: Brooke Carroll

Date: March 28, 2021

### Patient Physical Assessment Narrative

**PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).**

**GENERAL INFORMATION** (Time of assessment, admit diagnosis, general appearance)

Patient admitted with abdominal pain due to pneumoperitoneum. Assessment at 1020 on 3/24/2021.  
Patient appears concerned and uncomfortable.

**Neurological-sensory** (LOC, sensation, strength, coordination, speech, pupil assessment)

Alert, oriented X 3. Pupils PERRL. Hand grasp, toe wiggle equal & strong bilaterally.  
Patient speaks clearly and is able to follow directions.

**Comfort level: Pain rates at** 9 **(0-10 scale) Location:** right side of abdomen

**Psychological/Social** (affect, interaction with family, friends, staff)

Family at bedside. Patient acts appropriately for age and is respectful towards staff.

**EENT** (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing)

No presence of drainage. Sclera white. Oral mucosa pink, moist, and intact. Nasal septum midline.

**Respiratory** (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Respirations 18, even, unlabored. O2 sat on room air 96%. Breath sounds clear to auscultation bilaterally.

**Cardiovascular** (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

Heart rate 78. Audible and regular rate & rhythm. Denies chest pain or discomfort. Capillary refill 3 seconds. Blood pressure 138/61.

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### IM1 Patient Physical Assessment Narrative

**Gastrointestinal** (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation) \_\_\_\_\_

Active bowel sounds X 4 quadrants. Abdomen distended and tender.

Patient complains of abdominal pain.

Midline surgical incision with wound vacuum.

Right Upper Quadrant Ileostomy bag. Last BM N/A

**Genitourinary-Reproductive** (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) \_\_\_\_\_  
Voids clear, yellow urine. Patient states decreased need to void during the day.  
Denies odor or pain.

N/A Urine output (last 24 hrs) N/A LMP (if applicable) N/A

**Musculoskeletal** (alignment, posture, mobility, gait, movement in extremities, deformities)

Moves all extremities. Gait unsteady. Minimal ambulation. Complains of feeling of weakness in extremities.  
Complains of back and abdominal pain when sitting up in chair.

**Skin** (skin color, temp, texture, turgor, integrity)

Skin warm to touch, dry, & intact. Color appropriate to race. No edema present.

**Wounds/Dressings**

Midline surgical incision with wound vacuum.

Left Lower Quadrant occlusive dressing on previous JP drain site.

**Other**