

Student Name: Ashlee Guzman

Date: 3/24/21

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

Assessment done March 23rd, 2021 at 8:10 am. Patient's admitted diagnosis is lactic acidosis & vomiting. Patient was awake and alert through this assessment. Her husband is by the bedside at all times as well.

Neurological-sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

Patient is alert, oriented, and follows commands. She was oriented to person, place, & date. She moved all extremities on command was a little weak on her hand grasp. She speaks english & is responsive to my questions. Pupils round 3mm equal, reactive to light. Pain level at a 4 from scale of 1-10.

Comfort level: Pain rates at 4 **(0-10 scale) Location:** back

Psychological/Social (affect, interaction with family, friends, staff)

Patient is friendly with staff and is interactive with staff and husband. She is calm, relaxed, responsive through out the room visits.

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing)

Sclera clear & white. No drainage was seen at all. Oral mucous membrane is pink & moist. Ears symmetrical. No drainage in nasal. Patient can swallow w/o any problems. Felt her neck & no palpable lymph nodes.

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Respirations 20, Breath sounds diminished, breathing room air, chest symmetrical, no cough, no distress, trachea midline, respirations shallow, has discomfort

Cardiovascular (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

Pedal pulse 2+, Radial pulse 2+, B/p 141/39, no chest pain, capillary refill < 2 seconds, nail beds pink, no edema, S1 & S2 had regular rate & rhythm, patient had a telemetry monitor

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IM1 Patient Physical Assessment Narrative

Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation) Abdomen soft, Active bowel sounds x 4 quadrants, Appetite is poorly, Bowel movement watery, last BM was last night, stool color dark, soft
no tenderness Last BM 3/22/21

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) voids adequate amount, clear yellow urine, no odor, no discharge, patient has no urgency

Urine output (last 24 hrs) n/a LMP (if applicable) _____

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities) WALKS without assistance, patient a little unsteady & WALKS slowly to sustain gait, can move all extremities, lying in semi-fowlers position, can ambulate on her own, showered sitting on chair

Skin (skin color, temp, texture, turgor, integrity)

Skin is intact, normal skin color, skin warm, dry, turgor is WNL and elastic

Wounds/Dressings

occlusive dressing on her right arm peripheral with blood surrounding site, dressing changed to a dry and intact one on 3/23/21.

Other