

Student Name: Alejandra Escandon

Date: 3/24/2021

IM1 Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

Daily assessment was completed on March 24th of 2021 at 08:30 AM. Patient was eating breakfast and didn't show signs of discomfort. The patient was admitted on Monday, March 22nd of 2021 from the ED with Right leg weakness and pain in the lower back.

Neurological-sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

The patient is alert and oriented to person, place, and time. Pupils are 3 mm equal and round and reactive to light. Patient is able to move all extremities on command, responds appropriately to sharp and dull sensations when touched with a cotton swab. Hand grasp is equal & strong bilaterally while pushing of the feet and toe wiggle is weak on the right side and strong on the left side. Patient was able to respond readily to question with no sign of a slurred speech. Patient did complain of a level 3 pain on a 1-10 pain scale. Norco was given.

Comfort level: Pain rates at 3 (0-10 scale) **Location:** lower back

Psychological/Social (affect, interaction with family, friends, staff)

Patient interacts with staff appropriately. Patient is calm and relaxed and responds in a friendly manner

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing)

Sclera clear and white without drainage. Ears are symmetrical and auditory canals have no drainage. Hears spoken voice without difficulty. Nasal septum is midline with pink mucosa. The oral mucous membranes are pink, moist, and intact. Neck supple with no palpable lymph nodes.

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

The Chest is symmetrical and the trachea is midline. Respirations are 16 and are even and unlabored. Breath sounds clear to auscultation bilaterally. Patient is on room air with an O₂ saturation of 96%.

Cardiovascular (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

S₁ and S₂ are audible with regular rate and rhythm. Apical rate of 77, radial pulses 2+ bilaterally with rate of 77. The Pedal pulses 2+ bilaterally with no edema noted. B/P is 141/79. Denies chest pain or discomfort. Nail beds are pink with capillary refill of < 3 seconds.

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Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation) _____

Abdomen is flat and soft and nontender. Active bowel sounds X 4 quadrants. patient was able to have a bowel movement today and stated the stool was formed and not liquid anymore (not observed).

Last BM 3/24/2021

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) _____

Patient voids clear of yellow urine with adequate amount. Denies odor, discharge or pain. (not observed)

Urine output (last 24 hrs) _____ LMP (if applicable) _____

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities)

Patient is able to stand up straight and walk with assistance X1. Patient does use a cane and is learning how to use a walker. Patient does have to take pauses while walking due to the right leg weakness and the cramping in the right foot. Gait is unsteady with some weakness.

Skin (skin color, temp, texture, turgor, integrity)

Patients skin is warm, dry and intact. Does have some dryness on the calves but applied lotion. Color appropriate to race. Turgor is elastic.

Wounds/Dressings

N/A

Other

N/A