

## Covenant School of Nursing Reflective Practice

<p>Step 1 Description</p> <p>During my SIM scenario my patient had an ORIF of the left hip, and in an external fixation device. While I was performing the 6 P's I was examining the wrong leg the whole time. I was going off of what was my left and not the patients left side of their body.</p>	<p>Step 4 Analysis</p> <p>By performing the assessment on the wrong leg that can lead to not catching signs of early infection, blood clot forming, or the extremity losing sensation from a possible nerve being clipped. The other nurse with me also did not realize my mistake so we both need to make sure we are looking at the right extremity.</p>
<p>Step 2 Feelings</p> <p>While I was performing my assessment I thought I was doing a very good job of asking the patient questions and examining the injured extremity while comparing it to the normal leg. Once I realized I was performing my assessment on the wrong extremity I felt very embarrassed. I should have realized my mistake earlier but it took the control person telling me to exam the left leg before it finally clicked in my brain.</p>	<p>Step 5 Conclusion</p> <p>Next time I will be making sure I have the nursing that is giving me report show me the dressing on the affected extremity. I have learned now that if I am in doubt on which extremity just to check both legs no matter what especially if I did not get report bedside.</p>
<p>Step 3 Evaluation</p> <p>I really enjoyed this simulation exercise. It teaches you prioritize your assessments and sometimes you need to think on your feet. I also really enjoyed getting to see how my fellow student nurses talk to patients, perform assessments, and teaching the patient about medications. I learn a lot by watching other people and perform activities hands on.</p>	<p>Step 6 Action Plan</p> <p>When this situation happens to me again I will be more aware of which extremity I am assessing. I will also ask the patient which extremity did they have injury or have surgery on so I can hear from the patient which extremity is affected and maybe they will be able to point to that affected extremity or area.</p>