

Alcohol w/drawal

Date: 3/9/2021

Student Name: Heather McCell

<p>8. Focused Nursing Diagnosis: Anxiety/Fear</p>	<p>12. Nursing Interventions related to the Nursing Diagnosis in #7:</p> <ol style="list-style-type: none"> Determine cause of anxiety, involving patient in the process. Explain the AW will not anxiety. <i>stress origins</i> <p>Evidenced Based Practice: Person in acute phase of AW may be unable to identify and accept what's happening.</p> <ol style="list-style-type: none"> Develop trusting relationship w/ frequent conversations and non-judgmental attitude <p>Evidenced Based Practice: Provides pt w/ sense of human to paranoia & distrust</p> <ol style="list-style-type: none"> Maintain calm environment minimize noise. <p>Evidenced Based Practice: Reduces stress - enhances sense of trust</p>	<p>13. Patient Teaching:</p> <ol style="list-style-type: none"> Inform pt about what the planning process is / providing choices which will sense of self control over situation Teach patient to take medication as directed and Promote self care and avoid stress and triggers. 	<p>14. Discharge Planning/Community Resources:</p> <ol style="list-style-type: none"> Schedule Cognitive Behavioral Therapy on an outpatient basis Alcoholics Anonymous link: http://www.alcoholics-anonymous.org Set up Conference teaching with family and self to continue therapy.
<p>9. Related to (r/t): Cessation of alcohol intake/physiological withdrawal.</p>			
<p>10. As evidenced by (aeb): Feelings of inadequacy, shame, self disgust, remorse.</p>			
<p>11. Desired patient outcome: Express sense of regaining some control of situation/life by 3/12/2021 @ 1500</p>			