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<p>Step 1 Description</p> <p>Simulation was very beneficial today. The mistakes that were made in simulation taught me a great deal, when the patients condition should have caused the medication to be held.</p>	<p>Step 4 Analysis</p> <p>In addition to highlighting the importance of always critically thinking, I also learn a lot about listening to the patient and their family members. It is easy to get so focused on a task at hand that you don't pay much attention to important things happening around you. The importance of always paying attention to the patient and family concerns was demonstrated very well today.</p>
<p>Step 2 Feelings</p> <p>I had a unique perspective as the observer that I would not have had as the nurse in the scenario. I was able to critically think as the observer, but also was able to realize I may have made the same mistakes if I had been in the room as the nurse. I felt very nervous realizing that I know the information, but it is more difficult to apply the knowledge when caring for patients.</p>	<p>Step 5 Conclusion</p> <p>Since this was a simulation mistake, I feel it could not have gone better. If a patient had truly been given a medication, they should not have received that would be a different story. Since no one was hurt I feel I learned much more by seeing it done incorrectly and then talking through what should have happened. Sometimes if you only see it correctly done you never fully think through the importance of knowing what is right</p>
<p>Step 3 Evaluation</p> <p>I feel that I learned the most by observing the mistakes being made. In our scenario, furosemide was given when it should have been held for hypokalemia. I know this drug is potassium wasting yet being able to critically think through things and make the decision to hold a medication was such a valuable learning experience. Before this, I am not confident that I would have thought it through, even though I know the information.</p>	<p>Step 6 Action Plan</p> <p>I learned so many valuable lessons in SIM today. First, I know the information I have been taught, but knowing the information and applying that information are two different things. I learned the importance of understanding my lab values and what the signs and symptoms should be of any abnormalities I also learned the importance of critically thinking before giving any medication, even if you have given that med a thousand times. Lastly, I learned the importance of listening to the family and not being so focused on the task that you miss what they are trying to tell you.</p>