

Student Name: Nadia Balderas

Date: 03/08/2021

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below)

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

Assessment was performed at 0945. Patient was admitted with CHF.

Neurological – sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

Alert and oriented X 3. Pupils 3mm equal, round reactive to light. Hand grasp and toe wiggle equal and strong bilaterally. Pain level 0 on 1-10 scale.

Comfort level: Rates pain at 0 (0-10 scale) **Location:** NA

Psychological/Social (affect, interaction with family, friends and staff)

Interacts appropriately with staff. Friendly, quiet, appropriate for age.

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes and swallowing)

Sclera clear and white without drainage. Ears symmetrical, auditory canals without drainage. Hears spoken voice without difficulty. Nasal septum midline, mucosa pink, oral mucous membranes pink, moist and intact. Neck supple with palpable lymph nodes.

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Chest symmetrical, trachea midline. Respirations 16, even and unlabored. Breath sounds clear to auscultation bilaterally. O2 Sat on room air 92%.

Cardiovascular (heart sounds, apical and radial rate and rhythm, radial and pedal pulse, pattern)

S1 and S2 audible with regular rate and rhythm. Apical rate 70, radial pulses 2+ bilaterally with rate of 70. Pedal pulses 2+ bilaterally, no edema noted. B/P 158/84. Denies chest pain or discomfort. Nailbeds pink, capillary refill <3 seconds.

Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation)

Abdomen, flat, soft and nontender. Active bowel sounds X4 quadrants. Stool was not assessed.

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Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge)

Voids yellow, clear urine. BRP. Denies odor, discharge or pain.

Urine Output (last 24 hrs) _____ **LMP** (if applicable) _____

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities)

Moves all extremities, does not need assistance getting up. Gait was not assessed. Sits up on side of bed.

Skin (skin color, temp, texture, turgor, integrity)

Skin warm, dry and intact. Color appropriate to race. Turgor elastic.

Wounds/Dressings

Left lower arm is red, swollen and leaking fluid. Covered with dressing.

Other

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