

IM6 PMH Alcohol Withdrawal

Guided Reflection Questions

1. What issues have you identified that could be barriers to a successful treatment for Rhoda Smith?

Patient's age may contribute to adherence issues.

2. How would you address the denial she is expressing regarding her alcohol consumption?

Discuss current life situation and impact of alcohol use and encourage and support patient taking responsibility for own recovery (development of alternative behaviors)

3. Identify a support group that would be beneficial to Mrs. Smith.

Alcoholics anonymous to be able to share experiences with other group members struggling with alcohol use

4. Identify support groups that would be beneficial to Rhoda Smiths' family.

Family therapy to reduce dysfunctional behavior, reduce conflicts, improve communication, strengthen ability to cope and improve awareness of sensitivity to needs of family members

5. Rhoda Smith is currently in mild to moderate stage of alcohol withdrawal.

As she moves into Stage II (24 to 72 hours) and then into Stage III (after 72 hours), what behaviors should be assessed for and what safety measures should be initiated? Behaviors that we would see would be autonomic hyperactivity, sensorial and perceptual disturbances, fluctuating loss of consciousness, delusions (paranoia) agitated behaviors, and a body temp of 100 or higher

6. How would you apply the skills and knowledge gained in the Rhoda Smith case to an actual patient situation in different acute care units (emergency room, intensive care unit, obstetrics unit, etc.)?

In the subsequent interactions with patients, I will utilize the different assessment tools available in order to get pertinent information from my patients. This lab helped me to gain a better understanding of how beneficial assessment tools can be