

Guided Reflection Questions

1. What issues have you identified that could be barriers to a successful treatment for Rhoda Smith?
 - Ms. Smith is using denial as a defense mechanism to maintain her self-esteem instead of accepting reality
2. How would you address the denial she is expressing regarding her alcohol consumption?
 - Address the denial in a nonjudgmental response, focusing on the consequences of the behavior and offering objective and accurate information
3. Identify a support group that would be beneficial to Mrs. Smith.
 - Alcoholics Anonymous and SMART Recovery
4. Identify support groups that would be beneficial to Rhoda Smiths' family.
 - Al-anon and Alateen are self-help groups that offer support and guidance for family members.
5. Rhoda Smith is currently in mild to moderate stage of alcohol withdrawal. As she moves into Stage II (24 to 72 hours) and then into Stage III (after 72 hours), what behaviors should be assessed for and what safety measures should be initiated?
 - Assess for seizure activity, take seizure precautions. Monitor patient for increased VS, disturbances in sensorium and perception. Delusion thinking, and changes in her level of consciousness
6. How would you apply the skills and knowledge gained in the Rhoda Smith case to an actual patient situation in different acute care units (emergency room, intensive care unit, obstetrics unit, etc.)?

- I will use the skills I gained of preparing medications and patient teaching in real patient situations. I will use the extra exposure of gathering information for SBAR before contacting the provider and performing the CIWA assessment with more confidence than I had previous to this simulation.