

1. The nurse recognizes which symptom as an adverse effect of benzodiazepines?
 - a. Long-term memory loss
 - b. Short-term memory loss
 - c. Inability to remember events before taking the medication
 - d. Inability to remember events after taking the medication

2. What substance should the nurse advise patients to avoid when taking benzodiazepines?
 - a. Coffee
 - b. Alcohol
 - c. Tea
 - d. Milk

3. A patient taking benzodiazepines calls the office to report experiencing lethargy and confusion. What is the nurse's best response?
 - a. "You need to take syrup of ipecac to induce vomiting."
 - b. "The symptoms you are experiencing are normal and will decrease over time."
 - c. "Did you take more than your regular dose, or are you taking something with the prescribed medication?"
 - d. "The symptoms you are experiencing are related to your dosage being too low; you need to increase the amount of medication you are taking."

4. How do benzodiazepines help in withdrawal from alcohol?
 - a. They increase the incidence of vomiting when a person takes a drink.
 - b. They suppress symptoms brought on by alcohol abstinence.
 - c. They block alcohol receptors in the brain.
 - d. They decrease the desire for alcohol.

5. What might the nurse expect to give to a person experiencing toxicity from an intravenous dose of benzodiazepines?
 - a. Naloxone
 - b. Flumazenil
 - c. Morphine
 - d. Codeine

6. Which patient should not be prescribed long-term benzodiazepines for generalized anxiety disorder?
 - a. A 50-year-old with cardiovascular disease
 - b. A 35-year-old with type II diabetes
 - c. A 50-year-old with type I diabetes
 - d. A 45-year-old with alcoholism