

Student Name: _____

Date: _____

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

Patient admitted for heart valve replacement surger. Appears relaxed and comfortable in bed.

Neurological–sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

Alert x3. HGTW strong bilaterally able to move all four extremities with ease. Speech is clear.

Comfort level: Pain rates at 3 (0-10 scale) Location: Surgical incision down sternum

Psychological/Social (affect, interaction with family, friends, staff)

Patient friendly with staff and interacts well with family at bedside.

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing) Sclera white bilaterally. Ears symmetrical and canals clear without drainage. Nasal mucosa pink and intact. Trachea midline with no enlarged nodules felt on palpation.

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Chest symmetrical, dressing down sternum no drainage observed. RR 20 breaths normal and unlabored. Normal breath sounds on auscultation. O2 sat 98% on 2L per NC.

Cardiovascular (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

Systolic and Diastolic audible on auscultation with slight murmur. Radial pulses 2+ bilaterally with radial rate of 97. Pedial pulses 2+ bilaterally. B/P 116/53. Capillary refill <3 sec. Extremities pink and warm.

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IM1 Patient Physical Assessment Narrative

Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation) Active bowel sounds x4 quadrants abdomen soft with no tenderness voiced.
BM semi soft normal color described by patient.

_____ Last BM This AM 2/24/21

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) Voids clear yellow urine. Denies pain and discomfort upon voiding.

Urine output (last 24 hrs) _____ LMP (if applicable) Post-Menopausal

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities)
Ambulates with assistance only. Gait unsteady post surgery.

Skin (skin color, temp, texture, turgor, integrity)

Skin warm and intact. Bruising near incision site down sternum and mid abdomen.

Turgor WNL.

Wounds/Dressings

Occlusive dressing over incision down sternum clean, intact with no drainage observed.

Sutures on mid abdomen slight redness no drainage or purulence observed.

Other
