

Student Name: \_\_\_\_\_ Jesus Carrasco \_\_\_\_\_

Date: \_\_\_\_\_ 2/24/21 \_\_\_\_\_

## Patient Physical Assessment Narrative

**PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below)**

**GENERAL INFORMATION** (Time of assessment, admit diagnosis, general appearance)

Time: 0930, 26 y/o Male. Admitting Diagnosis: Sickle Cell Crisis. General Appearance: Alert, awake Temperature: 97.1 \*F, Vital Signs: 71 bpm, 16 respiration/min, BP 91/59 and O2 saturations of 97% on RA. No acute stress and laying in bed.

**Neurological – sensory** (LOC, sensation, strength, coordination, speech, pupil assessment)

Alert and Oriented X 4, Pupils: Met PERRL- Pupils 2-3mm Bilaterally equal, round and reactive to light with a responsive and accurate cardinal gaze, Sensation: Strong and sensitive on both upper and lower extremities. Moves and Responds appropriately on command. HGTW: strong bilaterally. Weak bilateral dorsiflexion of lower extremities.

**Comfort level: Rates pain at 8/10 (0-10 scale) Location: Lower back and both legs**

**Psychological/Social** (affect, interaction with family, friends and staff)

Cooperative and Responsive to nursing staff in polite and approachable manner, Interacts appropriately with staff, No family in the room.

**EENT** (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes and swallowing)

EENT are symmetrical, Sclera: is white with no drainage, Ears: canals clean and without drainage and no hearing devices used, Nose and Septum: midline and with pink mucosa, Throat: Trachea is midline and without nodes or deformities, Mouth and Tongue: Pink mucosa, moist and no sores, Teeth: not missing and teeth and no signs of sores. Patient has no issues with swallowing.

**Respiratory** (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Chest is symmetrical and no visible scars or bruising. Breath sounds: clear and audible moving air anteriorly and posteriorly, Rate: 16 breaths per minute, Oxygen Percentage: 97% on RA, Rhythm and Pattern: Slow and deep breaths effortless for patient. Patient has a Right subclavian Power Port.

**Cardiovascular** (heart sounds, apical and radial rate and rhythm, radial and pedal pulse, pattern)

S1 and S2 with regular audible rhythm, and rate of 71 beats per minute, Chest pain: Denied, Apical Pulse: audible and strong rate of 71 beats when auscultated 1 full minute, Radial Pulse: Equal and 2+ bilaterally, Nailbeds: pink and clean with capillary refill >2 seconds, Pedal Pulse: 1+ Blood pressure: 91/59 with digital machine.

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### **Gastrointestinal** (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation)

Bowel habits reported daily and formed in appearance with no strain, Abdomen: Appears soft with palpation, non-tender but bowel sounds are audible, low amounts X 4 quadrants. Stool not observed. Last BM: 2/23/21

### **Genitourinary-Reproductive** (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge)

Patient voids with portable urinal 2-3 times per day, Urine Color: clear to slightly yellow and Clarity is clear, Odor is unable to be assessed, No reports or observation of bleeding, Not discomfort reported or sign of UTI, Does not use urination devices at home.

**Urine Output** (last 24 hrs) Not Observed **LMP** (if applicable) \_\_\_\_\_

### **Musculoskeletal** (alignment, posture, mobility, gait, movement in extremities, deformities)

Back and chest are symmetrical with no deformities other than scars from previous Total Right shoulder replacement procedure due to increased necrosis within shoulder tissue, Posture: laying in bed, Mobility: Fair but is ordered to have 2 person assist when ambulating, Gait: has shuffled steps but steady pace and is able to move all extremities without assistance.

### **Skin** (skin color, temp, texture, turgor, integrity)

Skin color: normal for race, Temperature: is warm and slightly pallor, Skin is intact with no reports or observations of Petechiae, bruises and abrasions, Turgor: is elastic.

### **Wounds/Dressings**

Patient has rash on his groin which causes itching and slight irritation and is being treated.

### **Other**

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