

<p>Step 1 Description- Today we had schizophrenia simulation/clinical. We watched videos on a woman telling others how it is to live with schizophrenia and about her story how she was finally able to get the correct diagnosis. She also talked about stopping her medications and having to be put back into the hospital for treatment. We also practiced giving IM injections on each other giving a schizophrenia medication.</p>	<p>Step 4 Analysis- I got to hear how hard it is for patient with mental illness to get correct treatment. It is trial and error for them because they experience so many different symptoms it is hard for a provider to immediately be able to pinpoint what exactly the diagnosis is for these patients.</p>
<p>Step 2 Feelings- Listening to the woman talk about how she got diagnosis with so many other diagnoses before they were able to correctly diagnosis her with schizophrenia made me feel sad for her. It was also good to see that when she is taking her medications she does really well in life. When it came to practicing the IM injections I was a little nervous at first because it has been a while since I've been able to do one.</p>	<p>Step 5 Conclusion- I learned that mental health issues are very serious. Not that I thought that they weren't before just hearing her story shed some more light about how dark it can get for these patients. It is rough on the patient and their loved one when they don't take their medication and go into that dark place.</p>
<p>Step 3 Evaluation- Once we got our first practice run giving the medication it was good. Everything that I had learned in the past out the steps came back to my mind. It was a good experience I also learned a lot about the medication that we were administering.</p>	<p>Step 6 Action Plan- Overall, I enjoyed this simulation/clinical day. It was very educational. It calmed a lot of my nervousness. I liked hearing about a mental illness from person who is experiencing mental illness point of view. The instructor did a really good job at putting this simulation together.</p>