

Student Name:

Heather Leigh McKeel

Date:

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8. Focused Nursing Diagnosis:

Disturbed Sensory Perception: Auditory

12. Nursing Interventions related to the Nursing Diagnosis in #7:

1. Explain how the hallucinations are experienced by the client

Evidenced Based Practice:

Exploring the hallucinations and sharing the experience can help give pt sense of power on that side might be able to manage voice
2. Help pt identify times that hallucinations are most intense & frightening

Evidenced Based Practice:

Helps both nurse & pt identify times or situations that may be most anxiety-producing & threatening
3. If voices are telling pt to harm themselves or others take necessary safety precautions for self & others

Evidenced Based Practice:

People often obey voices & their commands to kill self or others. Early assessment & intervention may save lives

9. Related to (r/t):

Altered Sensory perception

10. As evidenced by (aeb):

Auditory distortions

11. Desired patient outcome:

Patient will identify two stressful events that trigger hallucinations

13. Patient Teaching:

1. Relaxation techniques include mindfulness - deep breathing, muscle relaxation, Music Therapy
2. Daily Exercise
3. Socialization w/ support group

14. Discharge Planning/Community Resources:

1. Medication Info - Schedules - Written & verbal guides & Stop meds
2. Follow up w/ Physician - when to call dr, get re-eval, alcohol, Outpatient program info.
3. National Alliance on Mental Illness - Names of local support group