



<p><b>Step 1 Description</b></p> <p>I went into Simulation today not knowing what to expect. My instructor gave me a patient scenario prior to meeting with limited information to which I had to complete a medication sheet and a critical thinking sheet. My patient was an elderly female who sustained a fall resulting in a hip injury. Due to the injury, she needed to have a surgery. Based on her Provider's opinion, it was decided that she would need a ORIF done. My role along with another student played the role of the patient's nurse and we were doing post-surgery patient care. A couple of other students played the patient and family member. The student and myself acted out the scenario of what we would do in a real-life situation, while my instructor and the other students acted on the other side of the room. We practiced patient care and medication administration.</p>	<p><b>Step 4 Analysis</b></p> <p>While prepping my paperwork to submit the day of, I did some research on ORIF surgery and nursing interventions I should consider. I realized that I should have probably done further research on complications post-surgery. Where my partner and I got stuck on was that the patient was complaining of dizziness. We had no medications ordered for dizziness, and after checking the patient's dressing, she had a bloody dressing and a drain. I remembered to contact the Provider, however I wasn't sure how I needed to handle the dizziness complaint. After further explanation from my instructor regarding MAP and what we needed to do, it all made sense to me and my partner.</p>
<p><b>Step 2 Feelings</b></p> <p>At the beginning of the scenario, I was very nervous because I didn't know what to expect walking into the room, but I know that is what a real-life situation would be like. I was afraid of making a mistake and disappointing the other student I was paired with along with my instructor. In the middle of the simulation, my group member and myself messed up terribly on a few things. At that moment, I felt discouraged because I didn't have an answer for how the patient was feeling post-surgery. I finally asked if we were allowed to ask for help, and my instructor came to the room and explained what was going on with our situation and what we should do in the event if it were to happen in a real-life situation. After some explaining from our instructor, I felt a little relieved considering what she explained wasn't taught to us yet.</p>	<p><b>Step 5 Conclusion</b></p> <p>I learned that it is perfectly okay to not know what's going on because this is what the simulation is for. I was okay with getting a difficult situation because at the end of the day I learned something I had never heard of before and I will probably never forget. After learning about MAP, I plan on doing further research.</p>
<p><b>Step 3 Evaluation</b></p> <p>Overall this was a very difficult day for me in my opinion. Again, I didn't know what to expect going into the simulation lab and I wasn't prepared. What I enjoyed about today is that I was able to learn something completely new in a hands-on experience vs online learning. I am a hands-on learner and things like this help tremendously.</p>	<p><b>Step 6 Action Plan</b></p> <p>One thing I would really like to get more practice on is how to prioritize events. Going back and thinking on the steps I did today, I should have taken the patient's vitals when walking into the room, rather than before medication administration. We've been taught that it's important that we know how to prioritize patient's, and today I liked that we finally got to experience that hands—on.</p>