

## Nursing Reflective Ashley Poole

<p>Step 1 Description</p> <p>I played the role of being the patients voice for one of the scenarios. I was in a separate room where I could see the nurses performing the scenario that was given to them. I would talk through the intercom describing how the patient was feeling and answered questions the nurses asked me.</p>	<p>Step 4 Analysis</p> <p>After this experience I know a little better on how to apply the knowledge I know to other scenarios that I will find myself in. Being in the patient role allowed me to kind of skip a step by knowing what the scenario was and learning and hearing why things were going the way they were because I was behind the scenes. This helped me see things differently and helped me connect the dots better. Then talking about it after with everyone clarified things and will help me when I am back in the nurses role.</p>
<p>Step 2 Feelings</p> <p>I had already played the nurse in the scenario before so as I played the patients voice I was more calm but still a little nervous. I was thinking I might say the wrong thing. I felt in control but also like I didn't know what was going on because of not being in that nurse role and having all the information about that patient.</p>	<p>Step 5 Conclusion</p> <p>I feel I could have made the situation a little better by having more information about my scenario. I feel like the others with me did a good job and we all pitched in when trying to solve a problem. I have learned that I need to be able to connect the dots better and not focus on just one thing but think more broad.</p>
<p>Step 3 Evaluation</p> <p>Being the patients voice was a very easy role to play. However, It made me see things that I wouldn't have seen if I had just played the nurse role. It was good to see how others did things in the scenario. I also enjoyed being next to my instructor to get information about why the patient, myself, was saying the things I was saying and knowing what the nurses should be doing or checking while they were in there. It was interesting to see the nurses thinking and trying to figure out what was going on and what they needed to do. The nurses didn't get to finish the scenario, but I think this really helped us and we got to work the problem all out together.</p>	<p>Step 6 Action Plan</p> <p>Overall I really enjoyed this experience and simulation. I can use what I learned today and apply that to clinicals. I can also use what I have learned to my studying or test taking. I have a better understanding of why we need to sometimes think more broad and not just focus on a single task. I learned that I need to go more in depth with questions about topics we are learning about to help me in the future when we get into this real life scenarios and need to connect things together to solve a problem.</p>

