

**Covenant School of Nursing
Instructional Module 6 Learning Guide
Topic: Women's Health**

Learning Goals/Outcomes

Upon completion of this lesson, you will be able to:

- Consider the health care needs and barriers for women of disparity
- Summarize risk factors, preventative screenings, diagnostic procedures, treatments, nursing assessments and interventions for common conditions in women's health
- Examine emotional and physical changes related to menstrual disorders, benign breast disorders, pelvic relaxation, menopause; the management options, and nursing considerations for each
- Discuss the most common infectious, benign and malignant disorders of the reproductive tract in terms of signs and symptoms, management, and nursing considerations
- Describe the role of the nurse in assessment, prevention, and intervention for victims of violence

Pre-Class Preparation

Required:

- Foundations of Maternal Newborn and Women's Health Nursing (7th ed.)
Chapter 2: Social, Ethical and Legal Issues – section on Intimate Partner Violence and Human Trafficking pgs.29-34
Chapter 27: Women's Health pgs. 737-747, 751-756, Menopause 757-760, Pelvic Floor Dysfunctions 762-774
- HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.)
Ch.3 Advanced clinical concepts section on HIV pp. 59-64,
Ch. 4 Medical Surgical Nursing section on Women's Reproductive System pp. 177-180, and STD's pp 183-184.
- HESI Clinical Skills: Skills for Nursing Collection - Maternal Newborn Collection
Dilatation and Curettage - review and complete skills quiz
- HESI Clinical Skills: Skills for Nursing Collection – Emergency
Sexual Assault Examination – review and complete skills quiz
- HESI Case Studies: Community Health
Herpes Simplex Virus

Additional Resources:

Learning Activities

- Classroom Activities:
- Lecture
- Discussion
- Case Study
- In Class Role Play STI's Clinical Nurse Role Activity

Laboratory/Clinical Activities:

Clinical/Community Rotations:

Out of Classroom Work

- HESI Clinical Skills: Skills for Nursing Collection - Maternal Newborn Collection
Dilatation and Curettage - review and complete skills quiz
- HESI Clinical Skills: Skills for Nursing Collection – Emergency
Sexual Assault Examination – review and complete skills quiz
- HESI Case Studies: Community Health
Herpes Simplex Virus

Evaluation Methods

- HESI Proctored Exam
- Clinical Performance Evaluation
- Unit 4 Exam

Texas DECs

QSEN Competencies

<ul style="list-style-type: none"> • Member of the Profession • Provider of Patient-Centered Care • Patient Safety Advocate • Member of the Health Care Team • Knowledge • Clinical Behaviors and Judgements 	<ul style="list-style-type: none"> • Safety Patient Centered Care • Teamwork & Collaboration • Evidence Based Practice • Safety
<i>IM Student Learning Outcomes</i>	<i>NCLEX Test Plan</i>
<ul style="list-style-type: none"> • Assessment & Intervention • Communication • Critical Thinking • Human Caring & Relationship • Management • Leadership • Teaching • Knowledge Integrations 	<ul style="list-style-type: none"> • Safe & Effective Care Environment • Health Promotion & Maintenance • Psychosocial Integrity • Physiological Integrity
<i>Concepts</i>	<i>Faculty</i>
<ul style="list-style-type: none"> • Clinical Judgment • Communication • Coping • Grief • Health Promotion • Patient Education • Teamwork & Collaboration • Ethics & Legal Precepts • Evidence-Based Practice • Health Information Technology • Patient-Centered Care • Safety • Cellular Regulation • Clotting • Comfort • Elimination • Fluid & Electrolyte Balance • Functional Ability • Metabolism • Nutrition • Reproduction • Sexuality • Sleep • Thermoregulation • Human Development 	<p><i>Donna Neel, MSN, RNC-OB, C-EFM, CA/CP SANE, AFN-BC, SANE A, SANE P</i></p>
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