

Covenant School of Nursing Instructional Module 6
SIMULATION LEARNING GUIDE

Topic: Hearing Voices That Are Distressing

Needs Analysis Documentation

- Students have limited exposure to assist in the care of patients experiencing acute or chronic psychiatric illnesses due to the limited clinical days in the Behavioral Health Units & community sites due to Covid restrictions

Learning Goals/Outcomes

Upon completion of this simulation learning activity, you will be able to:

- Experience what it might be like to hear voices that are distressing while performing routine activities such as computation, reading, communicating with others
- Discuss the experience of hearing voices and how it affects your ability to think and process information
- Identify how the HVD simulation experience is like a lived experience of voice-hearing
- Reflect on how the HVD simulation experience could influence your therapeutic interactions with people who hear voices
- Discuss the communication and other interpersonal skills that you could use when interacting with people who hear voices
- Discuss the relationship between empathy, person-centered care and therapeutic communication for people who hear voices
- Discuss the implications regarding safety for persons who have voice-hearing experiences
- Reflect on how your own experiences, perspectives and biases might influence the care provided to people who hear voices

Pre-Simulation Learning Activity Preparation

No preparation required

Simulation Learning Activities

Simulation Activities:

Time Allotted

Activity

15 minutes	Pre-briefing	
60 minutes	View video: Hearing Voices that are Distressing	
60 minutes	Perform table-top activities included in the program while simulating hearing voices	
30 minutes	Perform patient teaching for a medication. Two students will be assigned either the role of the nurse or the role of the patient and each will continue the simulation of hearing voices	
15 minutes	Debriefing	
Time Allotted	Out of Classroom/Online Activity	
60 minutes	Guided Reflection Questions	
Yellow highlighted areas are calculated as double time but are reflected on Learning Guide as real time for scheduling purposes. Classroom time: 3 hours Clinical Time: 6 hours		
Evaluation Methods		
Observation in clinical setting Exams HESI Mental Health Assessment Reflective Journal Guided Reflection Questions		

<i>Texas DEC's</i>	<i>QSEN Competencies</i>
• Member of profession • Provider of patient-centered care • Patient safety advocate • Knowledge • Clinical judgement and behaviors	• Patient Centered Care • Evidence Based Practice • Safety
<i>IM Student Learning Outcomes</i>	<i>NCLEX Test Plan</i>
1-8	• Safe & Effective Care Environment • Health Promotion & Maintenance • Psychosocial Integrity • Physiological Integrity
<i>Concepts</i>	
• Comfort • Coping • Interpersonal Relationships • Clinical Judgment • Communication • Patient Education • Professionalism • Evidence Base Practice • Patient-centered care • Safety	
<i>Date originated: 1/10/2021</i> <i>R. Powers, MSN, RN-BC</i>	<i>Revision Dates:</i>

