

Covenant School of Nursing Instructional Module 6
SIMULATION / LAB LEARNING GUIDE
Topic/Concept: Alcohol Withdrawal

Needs Analysis Documentation

- Students have limited exposure to assist in the care of patients experiencing acute or chronic psychiatric illnesses due to the limited clinical days in the Behavioral Health Units & community sites due to Covid restrictions

Learning Goals/Outcomes

- Student will apply National Patient Safety Goals for Behavioral Health for use in the care of a patient experiencing alcohol withdrawal
- Student will identify the symptoms of alcohol withdrawal
- Student will apply concepts of therapeutic communication when interacting with a patient experiencing alcohol withdrawal
- Student will demonstrate ability to develop a nursing plan of care for the patient experiencing alcohol withdrawal
- Student will demonstrate application of results of standardized assessments tools; CIWA-Ar and the AUDIT or other alcohol use standardized rating scales
- Student will demonstrate clinical decision making in the care of the patient experiencing alcohol withdrawal; use of alcohol withdrawal protocol based on CIWA-Ar
- Student will perform safe medication administration for medications commonly used in alcohol withdrawal and treatment for alcohol use disorder.

Pre-Simulation Learning Activity Preparation (Pre-Briefing)

- Review of textbook pages 310-312
- Review of CIWA-Ar
- Review of AUDIT Assessment
- Review of material on lorazepam: <https://www.drugs.com/pro/lorazepam-injection.html>

Simulation / Lab Learning Activities (See Spreadsheet for breakdown of time)

Time Allotted	In Class Activity
10 minutes	Pre-quiz
15 minutes	Pre-Briefing and review of scenario SBAR
15 minutes	Discussion of National Patient Safety Goals for Behavioral Health (how will students apply in this scenario?) https://www.jointcommission.org/-/media/tjc/documents/standards/national-patient-safety-goals/2020/npsg_chapter_bhc_jul2020.pdf#:~:text=National%20Patient%20Safety%20Goals%20Effective%20July%202020%20for,Reduce%20the%20risk%20of%20health%20care%E2%80%93associated%20infections.%20NPSG.07.01.01
15 minutes	View patient video (video depicting a patient who is in alcohol withdrawal found in Lesson)
15 minutes	Students will complete CIWA-Ar on video patient
20 minutes	Students will cluster data from scenario SBAR and video (organize for SBAR preparation)
20 minutes	Students will develop nursing plan of care for patient based on scenario video patient on scenario video patient & CIWA-Ar assessment findings
45 minutes	Students will provide care to the patient experiencing alcohol withdrawal (SBAR to physician, administer medications, & patient teaching)
15 minutes	Students will watch videoed patient as AUDIT assessment is completed and score the AUDIT
15 minutes	Debriefing
Time Allotted	Out of Classroom / Online Activity
20 minutes	Students will complete Post-Quiz and submit to Dropbox in LMS
60 minutes	Students will complete Medication Sheet and submit to Dropbox in LMS
60 minutes	Students will complete and submit to Dropbox Critical Thinking Worksheet and submit into Dropbox in LMS
30 minutes	Students will complete Guided Reflection Questions and submit into Dropbox in LMS

Yellow highlighted areas are calculated as double count but are reflected as real time on Learning Guide for scheduling

purposes.

Total class time: 3 hours

Total clinical hours for student for this activity: 8 hours

Evaluation Methods

- Observation throughout simulation / lab experience
- Critical Thinking Worksheet
- Medication Sheet
- Performance on HESI PMH Assessment
- Pre and Post Quiz
- Responses on Guided Reflection Questions
- Exam

<i>Texas DEC's</i>	<i>QSEN Competencies</i>
<ul style="list-style-type: none">• Member of profession• Provider of patient-centered care• Patient safety advocate• Knowledge• Clinical judgement and behaviors	<ul style="list-style-type: none">• Patient Centered Care• Teamwork & Collaboration• Evidence Based Practice• Safety• Informatics
<i>IM Student Learning Outcomes</i>	<i>NCLEX Test Plan</i>
<ul style="list-style-type: none">• 1-8	<ul style="list-style-type: none">• Safe & Effective Care Environment• Health Promotion & Maintenance• Psychosocial Integrity• Physiological Integrity
<i>Concepts</i>	
<ul style="list-style-type: none">• Comfort• Coping• Interpersonal Relationships• Clinical Judgment• Communication	

<ul style="list-style-type: none"> • Health Promotion • Patient Education • Professionalism • Teamwork and Collaboration • Ethical and Legal Precepts • Evidence Base Practice • Patient-centered care • Safety • Spirituality 	
<p>Date originated: 2/3/2021 Author: R. Powers, MSN, RN-BC</p>	<p>Revision Dates:</p>

Instructional Module (6) Simulation Learning Guide

Topic: PMH Alcohol Withdrawal