

**Covenant School of Nursing Instructional Module 6**  
**SIMULATION LEARNING GUIDE**  
**Topic: Opioid Withdrawal**

**Learning Goals/Outcomes**

Upon completion of this simulation learning activity, you will be able to:

- Student will apply National Patient Safety Goals for Behavioral Health for use in the care of a patient experiencing opioid withdrawal
- Student will identify the symptoms of opioid withdrawal
- Student will perform standardized assessments tools in the patient experiencing opioid withdrawal; Clinical Opioid Withdrawal Scale (COW Scale)
- Student will apply concepts of therapeutic communication when interacting with a patient experiencing opioid withdrawal
- Student will develop a nursing plan of care for the patient experiencing opioid withdrawal
- Student will demonstrate clinical decision making in the care of the patient experiencing opioid withdrawal
- Student will demonstrate ability to perform a nursing mental health assessment on a patient experiencing opioid withdrawal

**Pre-Simulation Learning Activity Preparation**

Review Varcarolis, 4<sup>th</sup> ed. Pages 312-314

**Simulation Learning Activities**

Time Allotment	Activity
10 minutes	Pre-briefing
10 minutes	View Slideshow for introduction on opioid use and overdose: <a href="https://www.webmd.com/pain-management/ss/slideshow-opioids">https://www.webmd.com/pain-management/ss/slideshow-opioids</a>
15 minutes	View video on opioid overdose and briefly discuss: <a href="https://www.youtube.com/watch?v=kuIOltsBOMU">https://www.youtube.com/watch?v=kuIOltsBOMU</a>
20 minutes	Set the backdrop for the scenario; view video on opioid overdose and discuss: <a href="https://www.youtube.com/watch?v=XjbgZETFEgc">https://www.youtube.com/watch?v=XjbgZETFEgc</a>
15 minutes	Review the article on Clinical Opioid Withdrawal Scale and discuss scoring.
10 minutes	View video patient for scenario: <a href="https://www.montgomerycollege.edu/academics/departments/nursing-tpss/nursing-simulation-scenario-library.html">https://www.montgomerycollege.edu/academics/departments/nursing-tpss/nursing-simulation-scenario-library.html</a>
10 minutes	Discuss issues of therapeutic communication as demonstrated in the above video
15 minutes	Complete COWs on video patient. Compare and discuss findings with peers
20 minutes	Cluster data to prepare to provide care to patient and develop a nursing plan of care
15 minutes	Complete a SBAR communication to communication with the healthcare provider
45 minutes	Divide into groups and treat patient: communication, medications, treatments

20 minutes

Debriefing

**Total time in class: 3 hours and 25 minutes**

Online/Out-of-Class:

Time Allotment	Activity
60 minutes	Complete Critical Thinking Worksheet and place in Dropbox
60 minutes	Complete Medication Sheet and place in Dropbox
30 minutes	Complete Guided Reflection Questions and place in Dropbox
20 minutes	Complete Opioid Quiz and place in Dropbox

Each highlighted area will be calculated as double for simulation but written as real time for scheduling purposes. The total clinical time for this activity is 8 hours.

**Evaluation Methods**

- Observation in clinical unit
- Exams
- HESI Mental Health Assessment
- Review of Critical Thinking Worksheet/Medication Sheet

<i>Texas DECs</i>	<i>QSEN Competencies</i>
<ul style="list-style-type: none"> <li>• Member of profession</li> <li>• Provider of patient-centered care</li> <li>• Patient safety advocate</li> <li>• Knowledge</li> <li>• Clinical judgement and behaviors</li> </ul>	<ul style="list-style-type: none"> <li>• Patient Centered Care</li> <li>• Teamwork &amp; Collaboration</li> <li>• Evidence Based Practice</li> <li>• Safety</li> <li>• Informatics</li> </ul>
<i>IM Student Learning Outcomes</i>	<i>NCLEX Test Plan</i>
1-8	<ul style="list-style-type: none"> <li>• Safe &amp; Effective Care Environment</li> <li>• Health Promotion &amp; Maintenance</li> <li>• Psychosocial Integrity</li> <li>• Physiological Integrity</li> </ul>
<i>Concepts</i>	
<ul style="list-style-type: none"> <li>• Comfort</li> <li>• Coping</li> <li>• Interpersonal Relationships</li> <li>• Clinical Judgment</li> <li>• Communication</li> <li>• Health Promotion</li> <li>• Patient Education</li> </ul>	

<ul style="list-style-type: none"><li>• Professionalism</li><li>• Teamwork and Collaboration</li><li>• Evidence Base Practice</li><li>• Patient-centered care</li><li>• Safety</li><li>• Spirituality</li></ul>	
<b>Date originated: 1/11/2021</b> <b>Rebecca Powers, MSN, RN-BC</b>	<b>Revision Dates:</b>

*Instructional Module 6 Learning Guide*

*Topic: Opioid Withdrawal*