

**Covenant School of Nursing Instructional Module 6  
SIMULATION LEARNING GUIDE**

**Topic: Hearing Voices That Are Distressing**

**Needs Analysis Documentation**

- Students have limited exposure to assist in the care of patients experiencing acute or chronic psychiatric illnesses due to the limited clinical days in the Behavioral Health Units & community sites due to Covid restrictions

**Learning Goals/Outcomes**

Upon completion of this simulation learning activity, you will be able to:

- Experience what it might be like to hear voices that are distressing while performing routine activities such as computation, reading, communicating with others
- Discuss the experience of hearing voices and how it affects your ability to think and process information
- Identify how the HVD simulation experience is similar to a lived experience of voice-hearing
- Reflect on how the HVD simulation experience could influence your therapeutic interactions with people who hear voices
- Discuss the communication and other interpersonal skills that you could use when interacting with people who hear voices
- Discuss the relationship between empathy, person-centered care and therapeutic communication for people who hear voices
- Discuss the implications regarding safety for persons who have voice-hearing experiences
- Reflect on how your own experiences, perspectives and biases might influence the care provided to people who hear voices

**Pre-Simulation Learning Activity Preparation**

No preparation required

**Simulation Learning Activities**

Simulation Activities:

Time Allotted	Activity
15 minutes	Pre-briefing

60 minutes	View video: Hearing Voices that are Distressing
60 minutes	Perform table-top activities included in the program while simulating hearing voices
30 minutes	Perform patient teaching for a medication. Two students will be assigned either the role of the nurse or the role of the patient and each will continue the simulation of hearing voices
15 minutes	Debriefing
1 hour	Reflective Journal
Yellow Highlighted Areas	Count double but reflected in real time for scheduling purposes  Student receives clinical time of 6 hours for this experience

Online/Out-of-Class:

- Reflective Journal

### Evaluation Methods

Observation in clinical setting  
Exams  
HESI Mental Health Assessment  
Reflective Journal  
Guided Reflection Questions

<b>Texas DECs</b>	<b>QSEN Competencies</b>
<ul style="list-style-type: none"> <li>• Member of profession</li> <li>• Provider of patient-centered care</li> <li>• Patient safety advocate</li> <li>• Knowledge</li> <li>• Clinical judgement and behaviors</li> </ul>	<ul style="list-style-type: none"> <li>• Patient Centered Care</li> <li>• Evidence Based Practice</li> <li>• Safety</li> </ul>
<b>IM Student Learning Outcomes</b>	<b>NCLEX Test Plan</b>
1-8	<ul style="list-style-type: none"> <li>• Safe &amp; Effective Care Environment</li> <li>• Health Promotion &amp; Maintenance</li> <li>• Psychosocial Integrity</li> <li>• Physiological Integrity</li> </ul>
<b>Concepts</b>	
<ul style="list-style-type: none"> <li>• Comfort</li> <li>• Coping</li> <li>• Interpersonal Relationships</li> <li>• Clinical Judgment</li> <li>• Communication</li> <li>• Patient Education</li> <li>• Professionalism</li> <li>• Evidence Base Practice</li> <li>• Patient-centered care</li> <li>• Safety</li> </ul>	
<b>Date originated: 1/10/2021</b> <b>R. Powers, MSN, RN-BC</b>	<b>Revision Dates:</b>

Instructional Module () Learning Guide are

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