

**Covenant School of Nursing
Instructional Module 6 Learning Guide
Topic: Postpartum Nursing**

Learning Goals/Outcomes	
<p>Upon completion of this lesson, you will be able to:</p> <ul style="list-style-type: none"> • Describe physiological changes, nursing assessments, interventions and expected postpartum outcomes • Describe predisposing factors, causes and signs of postpartum hemorrhage, infection, psychological complications, and the nursing assessments and interventions for each • Compare the postpartum nursing assessments and intervention for the vaginal and cesarean birth • Describe family adaptation to childbirth, how factors such as culture influence adaptation, nursing assessment and intervention to assist in family adaptation • Describe the physiology of lactation, its benefits, common problems, and the nursing assessments and interventions which promote breastfeeding • Examine the role of the nurse when a mother places her infant for adoption 	
Pre-Class Preparation	
<p>Required:</p> <ul style="list-style-type: none"> • Foundations of Maternal Newborn and Women’s Health Nursing (7th ed.) Chapter 11: The Childbearing Family with Special Needs - section on Adolescent Pregnancy pgs. 271-277, Adoption pgs. 291-292 and Postpartum Depression pgs. 293-295 Chapter 17: Postpartum Adaptation and Nursing Care pgs.458-493 Chapter 18: Postpartum Maternal Complications pgs. 495-515 Chapter 22: Infant Feeding – Breast Milk & Breastfeeding sections only pgs. 607-627 • HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.) Ch. 6. Antepartum Nursing Care: Normal Postpartum pg. 272-279 • HESI Clinical Skills: Skills for Nursing Collection-Maternal Newborn Collection-review and complete quiz Assessment: Postpartum Patient Cesarean Delivery Recovery Animation Breastfeeding Education • HESI RN Case Studies: Obstetric/Maternity – review and complete quiz Postpartum <p>Additional Resources:</p>	
Learning Activities	
<p>Classroom Activities:</p> <ul style="list-style-type: none"> • Lecture/Discussion/Videos • Case Study <p>Laboratory/Clinical Activities:</p> <ul style="list-style-type: none"> • Clinical/Community Rotations • Out of Class/Computer Assisted Activities: • HESI Clinical Skills: Skills for Nursing Collection-Maternal Newborn Collection - review and complete quiz Assessment Postpartum Patient Cesarean Delivery Recovery Breastfeeding Education • HESI RN Case Studies: Obstetric/Maternity – review and complete quiz Postpartum 	
Evaluation Methods	
<ul style="list-style-type: none"> • Clinical Performance Evaluation • HESI Proctored Exam • Unit 2 Exam 	
Texas DECs	QSEN Competencies
<ul style="list-style-type: none"> • Member of the profession 	<ul style="list-style-type: none"> • Patient Centered Care

<ul style="list-style-type: none"> • Knowledge • Provider of patient centered care • Member of the Healthcare Team • Patient safety advocate • Clinical Judgement and behaviors 	<ul style="list-style-type: none"> • Teamwork & Collaboration • Evidence Based Practice • Safety
<i>IM Student Learning Outcomes</i>	<i>NCLEX Test Plan</i>
<ul style="list-style-type: none"> • Assessment & Intervention • Communication • Critical Thinking • Human Caring & Relationship • Management • Leadership • Teaching • Knowledge Integrations 	<ul style="list-style-type: none"> • Safe & Effective Care Environment • Health Promotion & Maintenance • Psychosocial Integrity • Physiological Integrity
<i>Concepts</i>	<i>Faculty</i>
<ul style="list-style-type: none"> • Clinical Judgment, • Communication • Patient Education • Teamwork & Collaboration • Ethics & Legal Precepts • Evidence-Based Practice • Health Promotion • Human Development • Patient-Centered Care • Safety • Comfort • Cellular Regulation • Clotting • Elimination, • Fluid & Electrolyte Balance • Functional Ability • Gas Exchange • Immunity • Metabolism • Mobility • Nutrition • Perfusion • Coping • Reproduction • Sexuality • Sleep • Thermoregulation • Tissue integrity 	<i>Donna Neel, MSN, RNC-OB, C-EFM, CA/CP SANE, AFN-BC, SANE A</i>
<i>Date originated: 7/7/15</i>	<i>Revision Dates: 11/16/15, 5/23/16, 12/1/16, 7/14/17, 11/27/17, 5/4/18, 12/4/18, 6/27/19, 12/11/19, 1/25/21</i>

Instructional Module 6 Learning Guide

Topic: Postpartum Nursing cont'd

CSON Learning Guide (adopted 5-2015 by Faculty vote) - adapted from Smith, R. M. Conquering the Content. San Francisco: Jossey-Bass, 2008.