

Final HC5 Reflection

Step 1 Description

I thought following/working in HC5 was very helpful both in a learning and teambuilding aspect. I inserted a NG tube during my last shift and nailed it! I also helped with Trach care along with many other things such as attempting to start an IV, PEG tube care and medication administration. I also improved on my assessment and MediTech skills during my last five shifts. Being on the floor and following and helping my nurse also gave me a chance to see what it was like to deal with not only patients with neuro issues but also renal, ortho, and heart issues. This was something new for me considering I was able to be a little bit more independent than previous modules. Even though I learned about it in class it was very different seeing it in person. It was a fun/sad learning experience that really gave me perspective on how to approach different situations.

Step 4 Analysis

During this experience I had lots of fun and learned a lot of new things, and it is a fast-paced environment which I loved. I really liked how everyone worked together as a team, and how friendly everyone was. I learn way more when I am not intimidated. It was an amazing experience seeing everyone act like a family. My nurse would constantly explain things to me and teach me new things every time I came in. Marvin was very thorough and helped me when I was struggling with certain things and pointed me in the right direction. He answered all of my questions that I had and sat down with me and showed me certain things in MedTech like the doctor's notes, orders, etc. This was also a good opportunity to apply past knowledge from the module and skills I have learned in the previous modules and see how much I have retained as a nursing student.

Step 2 Feelings

Walking into HC5 floor I was very nervous, as I did not know what to expect. I was also anxious and did not want to mess up. There was so much critical thinking involved and I had to tie everything together that I had learned from school. I had way more confidence on shift 10 than I did during shift one. Marvin let me know that it's okay to fail sometimes and that with time and repetition things do get better.

Step 5 Conclusion

Overall, this was a great experience and I am grateful that I was able to follow a nurse during the pandemic. The whole time I was there with knowledge and I was very productive and used my time wisely. The diagnosis was engaging and there is not anything I would say that could have made the experience better. I would not change anything with the experience and would keep it the same.

Step 3 Evaluation

The best thing about being on the floor was that I was able to see the steps of what to do during an "almost code" "when one of my patients' blood sugar dropped to 46, and it was a very unique learning experience. I have never witnessed this before, so it was a great learning experience. I will be somewhat prepared next time something like this occurs.

Step 6 Action Plan

I think this type of clinical experience and situations should be included in all modules from early on. I honestly think students should work on HC5 before coming to module 8 because sometimes nurses get to see a little bit of everything. There is a lot of students can learn from HC5 and during emergency situations like this and it is engaging and there is never a dull moment and student nurses are constantly doing something and learning something new. The best part is not every case is the same. This also teaches students

how to work as a team when they are nurses, as teamwork is essential on any floor. The things I learned on HC5 can directly be applied to bedside nursing, and I plan on improving on the constructive criticism I received so I can be a better nurse.