

Covenant School of Nursing
Instructional Module 6 Learning Guide
Topic: Antepartum Nursing

Learning Goals, Outcomes

Upon completion of this lesson, you will be able to:

- Compute gravida, para, and estimated date of delivery
- Differentiate presumptive, probable and positive signs of pregnancy
- Examine the physiologic and psychological changes during pregnancy, signs and symptoms of potential antenatal complications and appropriate nursing interventions
- Relate the common discomforts of pregnancy and measures to prevent or relieve them
- Describe the preconception, initial and subsequent antepartum assessments in terms of history, physical exam and risk assessment
- Discuss the impact intimate partner violence has on pregnancy outcomes
- Explain the importance of adequate nutrition, weight gain, and nutritional risk factors during pregnancy
- Consider variables that influence adaptation to pregnancy for the childbearing family
- Describe the various types of education for the childbearing family

Pre-Class Preparation

Required:

- Foundations of Maternal Newborn and Women's Health Nursing 7th Edition
 - Chapter 2: Social, Ethical and Legal Issues - Intimate partner violence and Human Trafficking pgs. 29-34
 - Chapter 6: Maternal Adaptation to Pregnancy pgs. 100-126
 - Chapter 7: Antepartum Assessment, Care and Education pgs. 127-153
 - Chapter 8: Nutrition for Childbearing pgs. 154-170
 - Chapter 15: Nursing Procedure 15.1 Leopold's Maneuvers pgs.383-384
 - HESI Comprehensive Review for the NCLEX-RN Examination (6th ed): Ch. 6. Antepartum Nursing Care: Activities during First & Subsequent Prenatal Visits pp. 247-249, Psychosocial Responses to Pregnancy pg. 247 and Nutrition pp. 250
 - HESI Clinical Skills: Skills for Nursing Collection-Maternal Newborn Collection - review and complete the skills test
- Admission Assessment: Obstetric Patient
Leopold's maneuvers

Additional Resources:

- American Pregnancy Association website-<http://americanpregnancy.org>

Learning Activities

Classroom Activities:

- Lecture
- Discussion
- Videos

Laboratory and Clinical Activities:

- OB Clinical/Community Rotations
- Deliberate Practice

Out of Classroom Work

- HESI Clinical Skills: Skills for Nursing Collection-Maternal Newborn Collection – review and complete the skills test
- Admission Assessment: Obstetric Patient
Leopold's Maneuver

Evaluation Methods

- HESI Proctored Exam
- Clinical Performance Evaluation
- Unit 2 Exam

Texas DECs	QSEN Competencies
<ul style="list-style-type: none"> • Member of the profession • Knowledge • Provider of patient centered care • Member of the Healthcare Team • Patient safety advocate • Clinical Judgement and behaviors 	<ul style="list-style-type: none"> • Patient Centered Care • Teamwork & Collaboration • Evidence Based Practice • Safety • Informatics
IM Student Learning Outcomes	NCLEX Test Plan
<ul style="list-style-type: none"> • Assessment & Intervention • Communication • Critical Thinking • Human Caring & Relationship • Management • Leadership • Teaching • Knowledge Integrations 	<ul style="list-style-type: none"> • Safe & Effective Care Environment • Health Promotion & Maintenance • Psychosocial Integrity • Physiological Integrity
Concepts	Faculty
<ul style="list-style-type: none"> • Clinical Judgment • Communication • Coping • Health Promotion • Human Development • Patient Education • Teamwork & Collaboration, • Ethics & Legal Precepts • Evidence-Based Practice • Health Information Technology • Patient-Centered Care • Safety • Cellular Regulation • Comfort • Elimination • Fluid & Electrolyte Balance • Functional Ability • Gas Exchange • Metabolism • Mobility • Nutrition • Perfusion • Reproduction • Sleep 	<p>Donna Neel, MSN, RNC-OB, C-EFM, CA/CP SANE, AFN-BC, SANE A</p>
Date originated: 6/29/15	Revision Dates: 11/15/15, 5/26/16, 12/1/16, 11/27/17, 5/4/18, 12/4/18, 6/27/19, 12/11/19, 1/25/21

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Topic: Antepartum Nursing cont'd

CSON Learning Guide (adopted 5-2015 by Faculty vote) - adapted from Smith, R. M. Conquering the Content. San Francisco: Jossey-Bass, 2008.