

Clinical Case Study – Pneumonia

IM- 1

Assessment:

57 year old male presents to clinic reporting acute, productive cough with pleuritic chest pain and shortness of breath; fatigue, myalgia and headache.

Pale, fatigued appearance; tachycardic; dyspneic; productive cough, eyes red, watering. Skin warm, dry

Cigarette use: 1- 1 ½ packs per day. Lives with elderly father who is under hospice care.

Currently unemployed.

Daily medications: Avapro, Atorvastin. No medication allergies.

T- 103.6 B/P: 148/84 HR: 100 R: 26 SPO₂: 92 % room air

Breathe sounds - crackles

Pain: 3 on 0/10 scale.

Wt: 90 kg Ht: 72 inches

Chief Complaint:

Fever, chills, shortness of breath with inspiratory pain, cough,

Past Medical History:

Hypertension, Coronary Artery Disease, Obesity; Tonsillectomy

Care Plan (Nursing Process):

Initial Assessment

Analyzing/Patient problem

Desired Outcomes

Interventions/assessments

Evaluation