

Case Study-Osteoarthritis

IM1

A 62-year-old male admitted with osteoarthritis. Patient complains of right knee pain. Patient has been using a walker to get around. He is scheduled to have a total knee arthroplasty tomorrow. Primary doctor needs to clear him for surgery. Admitting vital signs: T 99.0, P 92, R 24 O2 Saturation 94%, B/P 150/80. He is complaining of pain of 8 on 0/10 scale. He is 5' 10" and weighs 220.

Chief complaint: Right knee pain from osteoarthritis.

Allergies: Betadine, Penicillin and Codeine

Labs done: CMP-WNL, CBC-WNL, UA-WNL. Pulmonary function test WNL

Past medical history:

Asthma, and anxiety with depression, osteoarthritis, hypertension

Surgical history: left shoulder repair in 2012

Celebrex, Lortab 1to 2 q4 hours prn pain, Ambien, Effexor, Benicar, Xanax, and Diovan

Care Plan (Nursing Process):

Initial Assessment

Analyzing/Problem

Desired Outcome:

Interventions/Assessments

Evaluation