

End-of-Life Scenario Assignment

1. How did you feel throughout the time that you were watching the video?

-Throughout this video, I was feeling sad about Clare's situation, but I was also amazed by the way Claire handled her situation. I feel like as nurses, it is so important for us to be there for our patient mentally and not just physically.

2. Give a description of Claire's condition and identify the main problems that you identified?

-Cystic Fibrosis damages the lungs and the digestive tissue. It makes CF patients cough up thick and sticky drainage, which can easily block or plug airways making it harder for them to breathe.

3. Based on your observations, what were her clinical manifestations and how would you explain these clinical manifestations?

-Thick, purulent secretions, infections (body is already at risk because she is immunocompromised), weight loss, difficulty breathing due to the excessive and thick mucus that was being produced.

4. What specific nursing interventions would you want to take into consideration to provide for this patient's unique care needs?

-I would make sure that Claire was getting her full caloric intake, up-to-date immunizations, adequate oxygen and hydration, and suctioning the thick secretions as needed.

5. What other members of the care team should you consider important to achieving good care outcomes?

-Dietician, respiratory therapist, nurses, social workers, and a pulmonologist.

6. What financial challenges did this family face because of Claire's condition?

-This family faced a lot of financial challenges. Even with insurance, it is still so expensive. She had medications that were needed.

7. What did you learn from this experience?

-From this experience, I have learned that I need to live life to the fullest. I also realized how truly blessed I am to be healthy and that I do not need to take any day or good health for granted.

8. How will you apply what you learned by watching this video to your clinical practice?

-I will always be my patients advocate and to treat them as they deserve to be treated. For these young kids, all they want to be doing is having fun and living life to the fullest and so it is important that we encourage them to keep fighting and remind them of how strong they really are.

9. Are there other significant words that Claire or her mother shared that impacted or inspired you?

-The most significant words that Claire's mother said to her was about how proud she was of Claire. I think it is the best feeling to hear your parents say that they are proud of you.

10. Is there anything else you would like to include in your reflection of this experience?

-I really enjoyed watching this video. It was very inspiring.