

Student Name: Nadia Balderas

Date: 1/25/2021

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below)

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

Assessment was performed at 1400. Patient was admitted with upper GI bleed and weakness.

Neurological – sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

Alert, oriented x3. Pupils 3mm equal, round reactive to light. Moves all extremities on command, responds appropriately to sharp and dull sensations. HGTW equal and strong bilaterally. Pain level 0 on 1-10 scale.

Comfort level: Rates pain at 0 (0-10 scale) Location: N/A.

Psychological/Social (affect, interaction with family, friends and staff)

Interacts appropriately with staff. Friendly, responsive, appropriate for age.

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes and swallowing)

Sclera clear and white without drainage. Ears symmetrical, auditory canals without drainage. Hears spoken voice without difficulty. Nasal septum midline, mucosa pink, oral mucous membranes pink, moist and intact. Neck supple with palpable lymph nodes.

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Chest symmetrical, trachea midline. Respirations 20, even and unlabored. Breath sounds clear to auscultation bilaterally. Breathing room air. O2 Sat on room air 97%.

Cardiovascular (heart sounds, apical and radial rate and rhythm, radial and pedal pulse, pattern)

S1 and S2 audible with regular rate and rhythm. Apical rate 66, radial pulses 2+ bilaterally with rate of 66. Pedal pulses 2+ bilaterally, no edema noted. B/P 120/53. Denies chest pain or discomfort. Nailbeds pink, capillary refill <3 seconds.

Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation)

Abdomen, flat, soft and nontender. Active bowel sounds X4 quadrants.

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge)

Student Name: Nadia Balderas

Date: 1/25/2021

Patient Physical Assessment Narrative

Voids yellow urine, adequate amount. Denies odor, discharge or pain.

Urine Output (last 24 hrs) _____ **LMP** (if applicable) _____

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities)

Moves all extremities. Walks ad lib without assistance, gait steady.

Skin (skin color, temp, texture, turgor, integrity)

Skin warm, dry and intact. Color appropriate to race. Turgor elastic.

Wounds/Dressings

No presence of wounds or dressings.

Other

[Click or tap here to enter text.](#)