

## Adult/Geriatric Medication Worksheet - Current Medications & PRN for Last 24 Hours

Primary IV Fluid and Infusion Rate (ml/hr)	Circle IVF Type	Rationale for IVF	Lab Values to Assess Related to IVF	Contraindications/Complications
Lactated Ringers @ 150 mL/hr	Isotonic <input checked="" type="checkbox"/> Hypotonic <input type="checkbox"/> Hypertonic <input type="checkbox"/>	Rehydration and restoring fluid balance	Potassium, sodium, chloride and other electrolytes	Severe metabolic acidosis/alkalosis, severe liver disease

Student Name: Jennifer Griffith		Unit:	Patient Initials:		Date: 1/19/2021	Allergies: Tramadol	
Generic Name	Pharmacologic Classification	Therapeutic Reason	Dose, Route & Schedule	Correct Dose? If not, what is correct dose?	IVP - List diluent solution, volume, and rate of administration  IVPB - List concentration and rate of administration	Adverse Effects	Appropriate Nursing Assessment, Teaching, Interventions (Precautions/Contraindications, Etc.)
Pantoprazole	Proton Pump Inhibitor	Blocks acid secretions	40 mg/10 mL sterile water IVP Daily	<input type="text"/>	<input type="text"/> 10 mL sterile water given in 1-2 minutes	Abdominal pain, chest pain, rash, hyperglycemia	<ol style="list-style-type: none"> <li>1. Contraindicated in patients who have had hypersensitivities to PPI's.</li> <li>2. Possibly associated with increased incidence of C Diff associated diarrhea.</li> <li>3. Nurse should monitor patient blood glucose to prevent any spikes.</li> <li>4. Have patient inform nurse if chest pain develops.</li> </ol>
Spironolactone	Aldosterone Antagonist	Used as a diuretic and for antihypertensive effects	50 mg/ 1 tab PO Daily	<input type="text"/>	<input type="text"/>	Black Box Warning: has been shown to be a tumorigen in chronic toxicity studies; can also cause gastric bleeding, gastritis, anaphylactic reactions	<ol style="list-style-type: none"> <li>1. Because this medication can cause anaphylactic reactions, nurse should watch patient for at least 30 minutes after administration.</li> <li>2. Perform abdominal assessments frequently to ensure patient isn't forming any inflammation in the stomach.</li> <li>3. Nurse should keep a close eye on serum potassium levels, as hyperkalemia can occur.</li> </ol>

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							4. This medication can cause excessive diuresis which can lead to symptomatic dehydration.
Folic Acid	Water soluble vitamin	Stimulates platelet production in folate deficiency anemia	1 mg/ 1 tab PO Daily			Bronchospasm, erythema, malaise, pruritis, rash, and slight flushing	<ol style="list-style-type: none"> <li>1. When preparing the medication, keep vial protected from heat and light.</li> <li>2. May mask symptoms of anemia at dosages &gt;0.1 mg/day.</li> <li>3. Contraindicated for those patients with hypersensitivities to medication.</li> <li>4. Injection contains benzyl alcohol as a preservative - ensure patient is not allergic.</li> </ol>
Propranolol	Beta Blocker	Decreases in heart rate, myocardial contractility, myocardial oxygen demand and blood pressure	20 mg/ 1 tab PO Daily			Black box warnings: may exacerbate ischemic heart disease after abrupt withdrawal; may also cause bradycardia, hypotension, blood glucose	<ol style="list-style-type: none"> <li>1. This medication is contraindicated in patients that have Asthma or COPD.</li> <li>2. Nurse should perform frequent cardiac focussed assessments to ensure proper cardiac function.</li> <li>3. Nurse should keep a close eye on blood glucose levels, as this medication can cause blood glucose issues.</li> <li>4. Nurse should carefully monitor serum potassium levels to prevent hyperkalemic episodes.</li> </ol>

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						issues, insomnia, hyperkalemia	
Furosemide	Diuretic	Causes increase in water, calcium, magnesium, sodium and chloride	20 mg/ 1 tab PO Daily			Black box warnings: Medication is potent that, if given in excess, can lead to profound diuresis with water and electrolyte depletion; Can also cause hyperuricemia, hypokalemia, anaphylaxis, glucose intolerance, hearing impairment	<ol style="list-style-type: none"> <li>1. Due to increased risk of diuresis and electrolyte depletion, nurse should closely check electrolyte labs to prevent dehydration or heart problems related to sodium and potassium levels.</li> <li>2. This medication is contraindicated in those who have had hypersensitivities to furosemide.</li> <li>3. When taking medication, patient is at higher risk of sunlight sensitivity.</li> <li>4. Because this medication can cause anaphylaxis, nurse should monitor patient for signs and symptoms of anaphylactic shock for at least 30 minutes after administration.</li> </ol>
Enoxaparin	Anticoagula	Prevents in	40 mg/ 0.4 mL			Black box warnings:	1. Contraindicated in patients with active major bleeding, thrombocytopenia with

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	nt	clotting	subq injection Daily			epidural or spinal hematomas may occur; can also cause hemorrhage, local site reactions, thrombocytopenia, anemia, pulmonary edema	antiplatelet antibody. 2. Nurse needs to obtain an adequate history of bleeding disorders, as bleeding can occur. 3. Nurse should closely check for any kind of edema on body, especially pulmonary edema. 4. Have patient inform the nurse of any local site reactions that worsen or become abnormal.
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