

## Adult/Geriatric Critical Thinking Worksheet

**Student Name:** Landon Morrow

**Unit:** E7

**Pt. Initials:**

**Date:** 1/19-20/21

### 1. Disease Process & Brief Pathophysiology

The patient suffers from late stage lung cancer, but was admitted and currently being treated for Pneumonia.

Pneumonia is described as the inflammation of the lungs due to infection with bacteria, virus, or other organisms. There are many different ways of contracting the disease such as Community acquired, Hospital Acquired, Medically Acquired, and Aspiration. Pneumonia is one of the top diseases leading to death in the US. It is most dangerous in weak patients such as immunosuppressed, cancer, lung diseases and other processes that can put the body at risk for sickness.

### 4. Diagnostic Tests pertinent or confirming of diagnosis

X Ray(P)

Sputum Culture

Blood Culture(P)

Thorocentesis

Bronchoscopy

CRP

CBC(P)

CT Scan

### 2. Factors for the Development of the Disease/Acute Illness

Smoking(P)

Immunodepression

Cancer(P)

Alcoholism

Malnutrition

Influenza

Chronic Respiratory Disease

### 5. Lab Values that may be affected

WBC(P)

O2 Sats(P)

BUN

CO2

Creatine

HCO3

### 3. Signs and Symptoms

Fever

Chills(P)

Malaise(P)

Productive/Dry Cough(P)

Adventitious Lung Sounds(P)

Dyspnea(P)

Pleural Pain

### 6. Current Treatment

Antibiotics(P)

Pain Relief Medication & Methods(P)

Ventilator(P)

Bronchodilators(P)

Antitussives

Splint Chest to Cough

**Student Name:** Landon Morrow

**Unit:** E7

**Pt. Initials:**

**Date:** 1/19-20/21

**7. Focused Nursing Diagnosis:**

The development of Pressure Ulcers

**8. Related to (r/t):**

The patient is put on complete bedrest.

**9. As evidenced by (aeb):**

Pressure ulcers develop in high pressure areas with little to no movement.

**11. Nursing Interventions related to the Nursing Diagnosis in #7:**

1 .Rotate Patient Every 2 hours

**Evidenced Based Practice:**

Immobility Lecture Module 1

2. Good skin hygiene in high pressure areas

**Evidenced Based Practice:**

Immobility Lecture Module 1

3. Perform ROM exercises to promote movement in a patient who is immobile

**Evidenced Based Practice:**

Immobility Lecure Module 1

**12. Patient Teaching:**

1. Importance to Stop Smoking

2. Teach importance to stay away from sick people due to body weakness from Cancer

3. Finish Antibiotics

**13. Discharge Planning/Community Resources:**

1. Collaborate with home health to see if assistance is needed

2. Diet Consult

3. Respiratory Rehab

**Student Name:** Landon Morrow

**Unit:** E7

**Pt. Initials:**

**Date:** 1/19-20/21

**10. Desired patient outcome:**

Be able to ambulate on his own by with minimal SOB by the afternoon of 1/21/21