

Student Name: _____ Jesus Carrasco _____

Date: _____ 1/19/21 _____

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below)

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

Time: 1300, 88 y/o Male. Admitting Diagnosis: COPD Exacerbation, Hypoxia and AKI, General Appearance: Alert, awake Temperature: 97.1 *F

Neurological – sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

Alert and Oriented X 3, Pupils: Met PERRL- Pupils 2-3mm Bilaterally equal, round and reactive to light with a responsive and accurate cardinal gaze, Sensation: Upper and Lower extremities strong and responds to stimuli. Moves and Responds appropriately on command. HGTW: strong bilaterally, Speech: coherent/understandable and not slurred or mumbled.

Comfort level: Rates pain at 0/10 (0-10 scale) Location: _____

Psychological/Social (affect, interaction with family, friends and staff)

Cooperative and Responsive to nursing staff in polite and approachable manner, Interacts appropriately with staff, No family in the room.

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes and swallowing)

EENT are symmetrical, Sclera: is white with no drainage, Ears: canals clean and without drainage, patient is HOH with no hearing devices used, Nose and Septum: midline and with pink mucosa, Throat: Trachea is midline and without nodes or deformities, Mouth and Tongue: Pink mucosa but dry mostly due to High Flow oxygen at 30 L, Teeth: Mostly present with no signs of sores or gum disease.

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Chest is symmetrical: Scars on sternum and abdomen from previous CABGx3 in 2013. Breath sounds: clear and audible wheezing in upper lobes upon inspiration and expiration, Rate: 18 breaths per minute, Oxygen Percentage: 87% on 30L High Flow oxygen via nasal canula, Rhythm and Pattern: Slow and deep breaths and the use of accessory muscles in upper body.

Cardiovascular (heart sounds, apical and radial rate and rhythm, radial and pedal pulse, pattern)

S1 and S2 with regular audible rhythm, and rate of 72 beats per minute, Chest pain: Denied, Apical Pulse: audible and strong rate of 72 beats when auscultated 1 full minute, Radial Pulse: Equal and 2+ bilaterally, Nailbeds: white with cold hands and capillary refill >2 seconds, Pedal Pulse: 2+ bilaterally with no edema, Blood pressure: 106/62 with automatic cuff.

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Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation)

Bowel habits are regularly with 1-2 BMs per day, Abdomen: Appears Soft, non-tender but bowel sounds are active and audible X 4 quadrants. Stool: brown in color and formed. Last BM: 1/19/21

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge)

Patient voids with portable handheld urinal, Urine Color: Yellow and Clarity is clear, Odor is unable to be assessed, No reports or observation of bleeding, Not discomfort reported or sign of UTI, Does not use urination devices at home.

Urine Output (last 24 hrs) 750mL Observed during clinical **LMP** (if applicable) _____

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities)

Back and chest are symmetrical with no deformities other than scars from previous CABG procedure, Patient does have excess fluid weeping from his back, Posture: supine, Mobility: Poor is bed is ordered to be on bedrest, and needs assistance with turning, Gait: not observed due to bedrest order but able to move all extremities without assistance.

Skin (skin color, temp, texture, turgor, integrity)

Skin color: pale, Temperature: is cool and clammy, Skin is intact with spots of Petechiae, redness, bruises and abrasions, Turgor: is non-elastic, patient has very thin skin and tears easily.

Wounds/Dressings

Patient has a stage 2 pressure ulcer on his sacrum which is bandaged with dressing, Skin tear wound on his left elbow which is scabbed over, no dressing and open to air.

Other

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