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<p>Step 1 Description</p> <p>I had a patient who admitted with pancreatitis. He was a little anxious because his wife has been hospitalized at UMC for a couple of weeks with COVID-19 & was just a little reserved all together.</p> <p>The Dr. had ordered for a couple of labs to be drawn. We looked at the orders, gathered the supplies needed & headed to the room. Upon entering we greeted the patient and informed him that the doctor had put in orders for a couple more labs to be drawn. The nurse also told him that I would be the one attempting the draw.</p>	<p>Step 4 Analysis</p> <p>What I took from this situation is that we won't always get things right the 1st time and thing can and will go wrong however its up to us to remain calm & confident in ourselves in order to execute. Had I not given myself that pep talk & for the nurse reassuring me that I hadn't failed just yet & guided me I probably would have called that attempt a fail and given up. I am so thankful that patient for allowing me that opportunity & to the nurse who was patient, kind & very helpful. She truly loves her jobs and enjoys sharing her expertise with the students.</p>
<p>Step 2 Feelings</p> <p>He began to ask questions and asked me if I have ever drawn blood before. I got a little nervous when he had asked but I was honest & said that I had only ever been allowed the opportunity to try once before & that it was unsuccessful; neither I or the nurse were able to collect the draw & that we ended up having to call lab because that particular patient was a difficult stick. I told him that I understood if he didn't want to allow me however I was more than willing to give try if he would allow me the opportunity. He then joked with me and said if I was unsuccessful that I would have to trade spots with him and allow him to practice on me. Needless to say the adrenaline was running through my body & the pressure to perform well was on not only did I have the nurse critiquing me now I had the patient as well.</p>	<p>Step 5 Conclusion</p> <p>I think that its definitely going to take more practice; I will still have failed attempts even when I'm am actual nurse, but as long as I give myself so grace and believe in myself I will be fine. The important part is that I am learning to critically think like a nurse I know that with time all of these skills will become easier to execute. However, I look forward to getting more hands on experience.</p>
<p>Step 3 Evaluation</p> <p>Once I had gone through the necessary steps & was ready to insert the needle I didn't think twice or hesitate I just told myself that I know more than I allow myself to believe & that while I wasn't successful the first time around I had to give myself so grace & just go for it. I counted 1..2..3.. little poke; the patient said he hardly felt it & while I didn't see an immediate flash in the butterfly I didn't give up, the nurse told me that I was doing good, just back out a bit and readjust & then I had a flash & was able to collect the two tubes that we needed.</p>	<p>Step 6 Action Plan</p> <p>I plan to remember this the next time I attempt a blood draw or any skill in general. Practice will eventually make perfect but in the meantime have confidence, remember what I've been taught & use it to my advantage. I am so excited to continue to grow through this nursing journey!</p>