

Matthew Mieure SIM reflection

Use this template to complete the Reflective Practice documentation. Do not exceed the space in each box. Any information not visible to you is lost.

<p>Step 1 Description The SIM experience began and I was unprepared. I was still trying to figure out what time I was supposed to be simulating, but I heard the "patient" begin to cry from outside the room. I then entered and tried to figure out what I needed to do, but the patient was crying uncontrollably with a heart rate in the 190s and was throwing PVC's. The patient's potassium was 2.8 and had some fluids running at a slow rate. I was the simulation nurse.</p>	<p>Step 4 Analysis I did pretty well for not having a clue what I was getting in to. I work predominately with adults so I couldn't apply much from my personal experience. I usually see potassium too high instead of being low. From studying I knew that the potassium was low and I should have addressed it sooner, but wanted to only have all the information I could to call the PCP only once. I know physicians have a lot of patients to see and take care of, so I took a little longer making sure I had done an assessment and checked the chart for anything I could do to treat the patient on my own.</p>
<p>Step 2 Feelings At the beginning of the scenario I felt stressed because I didn't know when I was entering the scenario and what the PCP already knew. I was trying to figure out what meds I needed to administer and gather all info necessary before calling the PCP. I felt underprepared at first, because this was my first time actually doing SIM with feedback from the mannequin. I was amazed at how it worked and how the level of feedback I got.</p>	<p>Step 5 Conclusion I could have been better at the SIM if I had realized the PCP probably didn't know labs before I called and checked the time of last med admin before calling. I believe I did well in calling before administering and medications that might have further altered the patient's heart rate. Overall, I know what to expect more next time.</p>
<p>Step 3 Evaluation I believe I did all right with having absolutely no idea what was going to happen. I administered the medicine properly and provided some education on what caused the potassium to drop and how we are treating it and preventing it. My classmate worked really well as the patient's family. She tried pushing me in the right direction and I got it, I just wanted to make sure I had all my bases covered. I wasn't expecting the patient's heart rate to jump up that quickly, but I think I handled it well by doing a quick assessment and looking at monitor pad placement.</p>	<p>Step 6 Action Plan I think the scenario was good. I just didn't understand why we were giving such little fluids and potassium. I think the only thing that would make the scenario better would be doing a handoff maybe from the person that is observing and being able to ask questions before like, "Has the PCP been notified about the low potassium," and being able to really see what meds have been administered and when.</p>