

Claire: The Documentary Reflection

1. *How did you feel throughout the time that you were watching the video?*

I felt inspired while watching this video. The wisdom of someone so young and going through something I will never understand was extremely touching.

2. *Give a description of Claire's condition and identify the main problems that you identified?*

Claire had Cystic Fibrosis, which is when someone's body produces an overload of mucous, which is sticky and will eventually cause organs to fail and is a terminal illness.

3. *Based on your observations, what were her clinical manifestations and how would you explain these clinical manifestations?*

She had a persistent cough that produced sputum, wheezing, and poor weight gain and growth.

4. *What specific nursing interventions would you want to take into consideration to provide for this patient's unique care needs?*

I would make sure that she was getting the best possible airway clearance and making sure skin underneath the nasal cannula was not impaired. Also, I would make sure she was getting enough nutrition, and also make sure for long stays in the hospital that she had fun things to do that made her days easier.

5. *What other members of the care team should you consider important to achieving good care outcomes?*

Taylor Burris
IM5
Pedi SIM

I believe that all members for the health care team should be considered important. The primary healthcare provider, all the nurses, certified nursing assistants, respiratory therapist, nutrition, and so many more.

6. *What financial challenges did this family face because of Claire's condition?*

Claire's parents had to continue to work while she was in the hospital, which often times had family friends coming to visit her instead of her parents. They had to do this in order to pay their bills at home. Also when hoping for a lung transplant, Claire had to create a Go Fund Me, and get donations for the transplant.

7. *What did you learn from this experience?*

I learned so much. This video was so very much inspiring. I learned a lot about people who are living everyday life with this disease. It also taught a few great life lessons for my own life and goals, and that I can achieve them.

8. *How will you apply what you learned by watching this video to your clinical practice?*

I will apply what I learned by making sure to stop and realize that patients who have terminal illnesses are still able to live a life that is their own, and to try and not have pity that they can feel from me.

9. *Are there other significant words that Claire or her mother shared that impacted or inspired you?*

There were a couple quotes that really stuck out to me: "When you pity people who are sick, you take away their power." - Claire; "Small everyday decisions to show up and apply yourself." - Claire

Taylor Burris
IM5
Pedi SIM

10. *Is there anything else you would like to include in your reflection of this experience?*

I loved when she talked about the real reason why she refused a lung transplant. The pressure to live a full life with the new lungs that someone died for was such a deep thought. Also, the fact that she said she didn't fear death, but instead grieved the potential of a life she wouldn't be able to live. It was a wonderful story.