

Covenant School of Nursing
Instructional Module 6 Learning Guide
Topic: Somatic Symptom and Related Disorders

Learning Goals/Outcomes	
Upon completion of this lesson, you will be able to: <ul style="list-style-type: none"> • Describe somatic symptom disorders and identify their three central features • Discuss characteristics and dynamics of specific somatic symptom disorders • Distinguish somatic symptom disorders from factitious disorders and malingering • Apply the nursing process to the care of patients with somatic symptom disorders 	
Pre-Class Preparation	
Required: <ul style="list-style-type: none"> • Varcarolis, E., Fosbre, C. (2021). Essentials of psychiatric mental health nursing (4th ed): Ch. 12: pp. 157-167. • HESI Comprehensive Review for the NCLEX-RN Examination • Additional Resources: NA 	
Learning Activities	
Classroom Activities: <ul style="list-style-type: none"> • Lecture Laboratory/Clinical Activities: <ul style="list-style-type: none"> • Care of the patient with somatic symptom disorders in the clinical setting Out of Class Activities: <ul style="list-style-type: none"> • None assigned 	
Evaluation Methods	
<ul style="list-style-type: none"> • Exams • HESI PMH Proctored Exam • Clinical performance/evaluation 	
Texas DECs	QSEN Competencies
Knowledge: II.B.1,5,7,8; II.C.1a-b; 2b, 4a,6,7; II.E.4.a & 7; Clinical Judgments & Behaviors: II.E.1; II.E.2, a.b. & c; II.E.3.b	Patient Centered Care Safety
IM Student Learning Outcomes	NCLEX Test Plan
1-8	Psychosocial Integrity: Crisis intervention, Behavioral interventions, Mental Health Concepts, Therapeutic Communication, Therapeutic Environment
Concepts	Faculty
Coping	Rebecca Powers, MSN, RN-BC
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