

Covenant School of Nursing
Instruction Module 6 Learning Guide
Topic: Personality Disorders

Learning Goals/Outcomes
• Upon completion of this lesson, you will be able to: • Understand the concept of personality and the development of personality. • Differentiate between the ten personality disorders and the distinguishing characteristics of each. • Understand the meaning of terms commonly associated with personality disorders (examples: derealization, depersonalization, splitting, decatastrophizing). • Identify risks and safety concerns common in the person with borderline personality disorder and antisocial personality disorder. • Discuss treatment options for patients with a personality disorder including medications. • Develop a nursing plan of care for patients experiencing personality disorders.
Pre-Class Preparation
Required: • Varcarolis, E., Fosbre, C. (2021). Essentials of psychiatric mental health nursing (4th ed): Ch.13: pp. 168-183. • HESI Comprehensive Review for the NCLEX-RN Examination • Additional Resources: NA
Learning Activities
Classroom Activities: • Lecture and PowerPoint Presentation Laboratory and Clinical Activities: • Care of the patient with a personality disorder in the clinical setting Online: • See online assignments on “Instructional Module 6 Assignments and Required Work”
Evaluation Methods
• Exams • HESI Proctored PMH Exam • Clinical performance/Evaluation

<i>Texas DEC's</i>	<i>QSEN Competencies</i>
Knowledge: II.B1,5,7a; II.C 6; II.E 4a, 6a&b, 7 Clinical Judgments & Behaviors: II.E1; II.E.2 a, b & c, 3b;	Patient Centered Care; Teamwork & Collaboration; Safety
<i>IM Student Learning Outcomes</i>	<i>NCLEX Test Plan</i>
1-8	Psychosocial Integrity: Crisis intervention, Behavioral interventions, Mental Health Concepts, Therapeutic Communication, Therapeutic Environment Pharmacological & Parenteral Therapies: Adverse Effects/Contraindications/Interactions & Expected Actions/Outcomes
<i>Concepts</i>	<i>Faculty</i>
Interpersonal Relationships & Coping	Rebecca Powers, MSN, RN-BC
<i>Date originated: 11/15/15</i>	<i>Revision Dates: 7/29/16; 1/10/17; 12/5/17; 12/17/19; 12/3/20</i>

Instructional Module 6 Learning Guide

Topic: Personality Disorders