

Student Name: Nadia Balderas

Date: 1/18/2020

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below)

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

Assessment was performed at 1445. Patient was admitted with sepsis and AKI.

Neurological – sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

Alert, oriented x3. Pupils 3mm equal, round reactive to light. Moves all extremities on command, responds appropriately to sharp and dull sensations. HGTW equal and strong bilaterally. Pain level 0 on 1-10 scale.

Comfort level: Rates pain at 0 (0-10 scale) Location: _____

Psychological/Social (affect, interaction with family, friends and staff)

Interacts appropriately with staff. Friendly, responsive, appropriate for age.

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes and swallowing)

Sclera clear and white without drainage. Ears symmetrical, auditory canals without drainage. Hears spoken voice without difficulty. Nasal septum midline, mucosa pink, oral mucous membranes pink, moist and intact. Neck supple with palpable lymph nodes.

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Chest symmetrical, trachea midline. Respirations 18, even and unlabored. Breath sounds clear to auscultation bilaterally. Breathing room air. O2 Sat on room air 100%.

Cardiovascular (heart sounds, apical and radial rate and rhythm, radial and pedal pulse, pattern)

S1 and S2 audible with regular rate and rhythm. Apical rate 68, radial pulses 2+ bilaterally with rate of 68. Pedal pulses 2+ bilaterally, no edema noted. B/P 133/66. Denies chest pain or discomfort. Nailbeds pink, capillary refill <3 seconds.

Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation)

Abdomen, flat, soft and nontender. Active bowel sounds X4 quadrants. Had a soft, brown BM at 1500.

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge)

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Voids yellow urine, adequate amount. Uses urinal. Denies odor, discharge or pain.

Urine Output (last 24 hrs) _____ **LMP** (if applicable) _____

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities)

Moves all extremities. Walks ad lib without assistance, gait steady.

Skin (skin color, temp, texture, turgor, integrity)

Skin warm, dry and intact. Color appropriate to race. Turgor elastic.

Wounds/Dressings

No presence of wounds or dressings.

Other

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