

Student Name: Brynne Barker

Date: 1/13/21

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below)

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

1400, patient admitted for sickle cell crisis, general appearance was weak.

Neurological – sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

Alert, oriented X 3. Pupils 3 mm equal, round reactive to light (PERRL). Responds appropriately to sharp and dull sensations. Moves all extremities on command with weakness. Hand grasp toe wiggle (HGTW) equal and weak bilaterally. Speech was appropriate for age. Facial expressions responsive.

Comfort level: Rates pain at 4 (0-10 scale) Location: Left shoulder & both hips

Psychological/Social (affect, interaction with family, friends and staff)

Patient followed simple commands. Responded to questions readily, calm, and relaxed. Patient was friendly and acted appropriately with staff.

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes and swallowing)

Sclera clear and white without drainage. Ears symmetrical, auditory canals without drainage. Hears spoken voice without difficulty. Nasal septum midline, mucosa pink, oral mucous membranes pink, moist and intact. Neck supple with n palpable lymph nodes.

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Chest symmetrical. Breath sounds clear on auscultation. Respirations 18, even and unlabored.

Cardiovascular (heart sounds, apical and radial rate and rhythm, radial and pedal pulse, pattern)

No abnormal heart sounds. Radial pulse 2+ bilaterally. Pedal pulse 1+ bilaterally. B/P of 114/74. Denies chest pain or discomfort.

Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation)

Abdomen soft on palpation. Hypoactive bowel sounds X4 quadrants. Last BM 1/8/21. Patient experiencing nausea.

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Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge)

Patient using urinal. Urine clear and yellow. Denies odor, discharge, or pain.

Urine Output (last 24 hrs) n/a **LMP** (if applicable) _____

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities)

All extremities moved with weakness. Posture not observed. Patient's mobility was limited due to weakness. Gait not observed. Patient had a left shoulder replacement.

Skin (skin color, temp, texture, turgor, integrity)

Skin intact. Color appropriate for race. Temperature warm and dry.

Wounds/Dressings

Patient had a right subclavian port-a-cath.

Other

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