

### Diagnostic Worksheet

Mark high / low values with (↑ or ↓)	Covenant Normal Values <small>*Diagnostic values vary from laboratory to laboratory.</small>	Admit day	Dates		Mark high / low values with (↑ or ↓)	Covenant Normal Values <small>*Diagnostic values vary from laboratory to laboratory.</small>	Admit day	Dates	
			Most Recent					Most Recent	
<b>CBC</b>									
WBC	3.6-10.8 k/uL		11/2/21						
HGB	14-18 g/dL								
HCT	42% - 52%								
RBC	4.7-6.1 m/uL								
PLT	150 - 400 k/uL								
<b>CMP</b>									
Glucose	70-110 mg/dL		11/2/21						
Sodium	134 - 145 mmol/L								
Potassium	3.5 - 5.3 mmol/L								
BUN	9-21 mg/dL								
Creatinine	0.8-1.5 mg/dL								
Chloride	98 - 108 mmol/L								
Calcium	8.4 - 11.0 mg/dL								
Mg++	1.6 - 2.3 mg/dL								
Total Protein	5.5 - 7.8 g/dL								
Albumin	3.4 - 5 g/dL								
Total Bilirubin	0.1 - 1.3								
AST (SGOT)	5 - 45 u/L								
ALT (SGPT)	7-72 u/L								
Alk Phos (ALP)	38 - 126 u/L								
<b>Lipid Panel</b>									
Cholesterol	200mg/dL								
TRIG	0-150 mb/dL								
HDL	>60mg/dL								
LDL	0-100 mg/dL								
<b>Common</b>									
GFR	Refer to lab specific data								
TSH	0.35 - 5.5 UIU/L								
Digoxin	0.8 - 2 ng/dL								
PT	10.0 - 12.9 secs								
INR	Therapeutic 2 - 3								
PTT	25.3 - 36.9 secs								
BNP	5 - 100 pg/dL								
CKMB	0 - 5 ng/dL								
Troponin	neg = < 0.07 ng/mL								
<b>Point of Care Glucose Results</b>									
Date	Time	Result	Date	Time	Result	Date	Time	Result	
<b>Other Diagnostic / Procedures</b> Examples: CT/Xray/MRI/Paracentesis									
Date	Type	Result	Date	Time	Result	Date	Time	Result	
11/2/21	Chest xray	NO acute cardiopulmonary disease							
11/2/21	Head CT	- CT Head							
11/2/21	Neck CTA	- CT Neck							
11/2/21	Head CT	- Head CT w/o contrast							
11/2/21	ERG	Normal sinus rhythm							
11/3/21	Radiology scanned	pending							
<b>NA</b>									
SP Gravity									
Protein									
Glucose									
Ketone									
Nitrite									
Leukocytes									
Bilirubin									
Blood									
pH									
Est GFR African Amer - 11/3/21 130 11/2 COVID-19 (NA) - Negative POC Troponin T 0.000 11/2/21 Est GFR Wdn-JAF Amer 11/2 11/3/21									
Date      Culture      Site      Result Blood Urine Wound Wound									

Student Name: Marisol Espinosa

Date: 1/13/21

### Patient Physical Assessment Narrative

**PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS:** (Complete using assessment check list and reminders below).

**GENERAL INFORMATION** (Time of assessment, admit diagnosis, general appearance)

0830, Chiari malformation, Pt resting in bed with complaints of a headache, very responsive and friendly

**Vitals:** 98.0 Temporal, 70P, 88P, 102/61 <sup>Right upper</sup> ~~ack~~ 98RA Pain 8/10

**Neurological-sensory** (LOC, sensation, strength, coordination, speech, pupil assessment) Speak english clearly.

Alert, oriented x3 (name, DOB, and location), Pupils 3mm equal, round reactive to light (PERPL). Moves all extremities on command. Responds appropriately to sharp and dull sensations on left side of body, but not on right side. Pt states, "numbness" on right side, but strong on left side. Hand grasp and toe wiggle weak on right side, but strong on left side. ~~movements uncoordinated & purposeful~~

**Comfort level:** Pain rates at 8 (0-10 scale) Location: headache

**Psychological/Social** (affect, interaction with family, friends, staff)

Calm/relaxed, interacts appropriately w/staff

**EENT** (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing) Sclera clear and white, no drainage bilaterally. Ears are symmetrical, auditory canals w/o drainage. No hard of hearing, nasal septum midline, mucosa pink, oral mucous membranes pink, moist and intact. Neck supple w/palpable lymph nodes. Swallow reflex present.

**Respiratory** (chest configuration, breath sounds, rate, rhythm, depth, pattern) Present. complete dentition Present

Chest symmetrical, trachea midline. Trachea midline.

RR 18 RA 98 even and unlabored w/no distress. Breath sounds clear to auscultation bilaterally

**Cardiovascular** (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

S1+S2 normal rhythm rate, Apical-82, Radial-80, radial pulse 2+ bilaterally, pedal pulse 2+ bilaterally, No edema, Bp 102/61. Denies chest pain/discomfort. Capillary refill <3seconds

Student Name: \_\_\_\_\_

Date: \_\_\_\_\_

### IM1 Patient Physical Assessment Narrative

**Gastrointestinal** (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation) Abdomen soft and nontender, abdomen pink, warm, and intact, bowel sounds active x4 q, nontender to palpation, bowel habits consistent

Last BM 1/10/21

**Genitourinary-Reproductive** (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) voids x1 assist, yellow and clear, adequate amount. No odor, discharge or pain. No vaginal bleeding

Unmeasurable void 0900

Urine output (last 24 hrs) \_\_\_\_\_ LMP (if applicable) \_\_\_\_\_

**Musculoskeletal** (alignment, posture, mobility, gait, movement in extremities, deformities)

Moves all extremities on command (Right sided weakness) (x1 assist) gait unsteady, no deformities, good upright posture, proper alignment (back symmetrical)

**Skin** (skin color, temp, texture, turgor, integrity)

Skin warm dry and bruising to left lower arm. Color appropriate to race. Turgor elastic. walks x1 assist, gait unsteady

**Wounds/Dressings**

Bruise left lower arm (no dressing present)

**Other**

No TED Hose / SCDs, Pt complains of Headache

3+ Bounding unable to occlude 2+ Strong able to occlude 1+ Weak palpable 0- Non palpable

Extremities:  Pink  Red  Cyanotic  Warm  
 Cool Calf Tenderness/Swelling  R  L  
 Ted Hose  Y  N SCDs  Y  N  
 Plexipulses Capillary Refill: 13 Seconds  
 Affected extremity pulse verified with Doppler  Y  N  
 Pulses: Radial R 2+ L 2+  
 Pedal R 2+ L 2+  
 Post. Tib. R 2+ L 2+  
 Comments: Apical 82  
radial 180

Family at bedside  Y  N  
 Alert  Oriented  Confused  Comatose  
 Sedated  Drowsy Cough Reflex  Y  N  
 Follows Simple Commands:  Y  N Gag  Y  N  
 Muscle Strength: (S-Strong, W-Weak, N=None)  
 Grips: Rt. W Lt. S Pushes: Rt. W Lt. S  
 Comments: \_\_\_\_\_  
 Response to Questions:  Readily  Slowly  None  
 Calm/Relaxed  Quiet  Withdrawn  Friendly  
 Restless  Appro. for age  Hostile/Angry  
 Crying  Anxious  Concerned  
 Facial expressions:  Flat  Responsive  Grimace  
 Seizure Precaution  Sedation Vacation Done for Neuro Assessment  
 Comments: Headache

Edema:  Generalized  Dependent  
 Pitting:  Y  N  1+  2+  3+  
 Skin Turgor WNL  Y  N  
 Abnormal Heart Sounds  Y  N  
 Murmur  Y  N  
 PPM Site: \_\_\_\_\_ Rhythm: S1 + S2 normal  
myxomatous

GASTROINTESTINAL

Nausea  Vomiting  Incontinent  
 Stool Color \_\_\_\_\_ Consistency \_\_\_\_\_  
 Abdomen:  Soft  Firm  Distended  Guarding  
 Bowel Sounds:  Active  Hypo  Hyper  Absent  
 X4 Quadrants Appetite:  Good  Fair  Poor  
 PEG  NGT  DHT R or L  
 Comments: lbm 110/21

SKELETAL

Moves Extremities:  All  RA  RL  LA  LL  
 Pain  Swelling  Stiffness  Tenderness  Weak  
 Deformities  Contractures  Spasms  Paralysis  
 Amputation \_\_\_\_\_ Gait  Steady  Unsteady  
 Comments: right sided weakness  
X1 assist

PACER SETTINGS

None  
 Rate \_\_\_\_\_ MA: A \_\_\_\_\_ V \_\_\_\_\_  
 Sensitivity \_\_\_\_\_ Mode \_\_\_\_\_  
 Transvenous @ \_\_\_\_\_ cm Site \_\_\_\_\_  
 Epicardial wires  Y  N  
 Permanent Pacemaker Site  
 Left subclavicular  Right subclavicular

INCISIONS/WOUNDS/DRAINS

None  
 #1 Location: Bruise LA lower  
 Sutures  Staples/Clips  Retention Sutures  
 Reddened  Swollen  Drainage/Color \_\_\_\_\_  
 Open to Air  Dressings \_\_\_\_\_  
 Comments \_\_\_\_\_  
 #2 Location: \_\_\_\_\_  
 Sutures  Staples/Clips  Retention Sutures  
 Reddened  Swollen  Drainage/Color \_\_\_\_\_  
 Open to Air  Dressings \_\_\_\_\_  
 Comments \_\_\_\_\_  
 #3 Location: \_\_\_\_\_  
 Sutures  Staples/Clips  Retention Sutures  
 Reddened  Swollen  Drainage/Color \_\_\_\_\_  
 Open to Air  Dressings \_\_\_\_\_  
 Comments \_\_\_\_\_  
 #4 Location: \_\_\_\_\_  
 Sutures  Staples/Clips  Retention Sutures  
 Reddened  Swollen  Drainage/Color \_\_\_\_\_  
 Open to Air  Dressings \_\_\_\_\_  
 Comments \_\_\_\_\_

GENITOURINARY

Urine:  Clear  Sediment  Cloudy  Yellow  
 Amber  Bloody  Voids  
 Foley Size \_\_\_\_\_ Fr Insertion Date \_\_\_\_\_  
 Urostomy  BRP  Urinal/Bedpan  BSC  Incontinent  
 Comments: ian meausub L  
void

EYES, EARS, NOSE, THROAT

Sclera:  White  Yellow  Red  
 Scleral Edema:  Y  N Sore Throat:  Y  N  
 Nasal Drainage:  Y  N  
 Comments: \_\_\_\_\_

ARTERIAL AND VENOUS SITES

A - Without Redness or Swelling B - Redness C - Swelling D - Dressing

Jugular  R  L Start: \_\_\_\_\_  
 Subclavian  R  L Start: \_\_\_\_\_  
 PICC  R  L Start: \_\_\_\_\_  
 Peripheral  R  L Start: \_\_\_\_\_  
 Peripheral  R  L A+D Start: 11/3/21  
 Arterial Line  R  L Start: \_\_\_\_\_  
 Femoral  Radial  
 PA @ \_\_\_\_\_ cm  R  L Start: \_\_\_\_\_  
 Hemodialysis Access Location \_\_\_\_\_  
 Graft  AV Fistula  Thrill  Bruit

PULMONARY

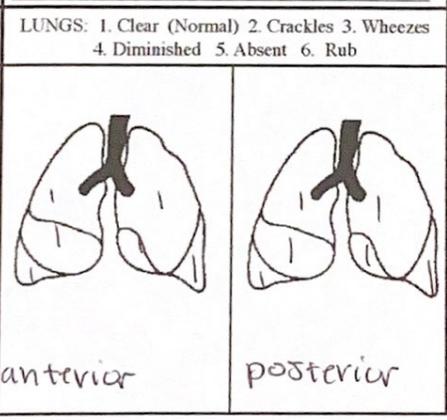
Respirations:  No Distress  SOB  Labored  
 Accessory Muscles  Shallow  Apnea  Tachypnea  
 RA O2: \_\_\_\_\_  NC  Venti Mask  Trach Collar  
 Non rebreather  T-Piece  Ventilator:  BiPAP/CPAP  
 # \_\_\_\_\_ ETT @ \_\_\_\_\_ cm # \_\_\_\_\_ Shiley Trach  
 BVM at bedside  Y  N  
 Obturator at bedside  Y  N  
 Cough:  Productive  Non Productive  None  
 Secretions: Color \_\_\_\_\_ Consistency \_\_\_\_\_  
 Amt.  Copious  Moderate  Minimal  
 Comments: \_\_\_\_\_

CHEST TUBES

None  
 #1  Pleural  Mediastinal  L  R  
 Suction  Gravity  
 Drainage Color:  Serous  Sanguinous \_\_\_\_\_  
 Air-leak  Y  N  Pleuravac  Thoraseal  
 Comments: \_\_\_\_\_  
 #2  Pleural  Mediastinal  L  R  
 Suction  Gravity  
 Drainage Color:  Serous  Sanguinous \_\_\_\_\_  
 Air-leak  Y  N  Pleuravac  Thoraseal  
 Comments: \_\_\_\_\_  
 #3  Pleural  Mediastinal  L  R  
 Suction  Gravity  
 Drainage Color:  Serous  Sanguinous \_\_\_\_\_  
 Air-leak  Y  N  Pleuravac  Thoraseal  
 Comments: \_\_\_\_\_

SKIN ASSESSMENT

Skin Intact  
 Skin assessment codes:  
 1. Abrasions 2. Decubitis 3. Bruises 4. Incision  
 5. Redness 6. Edema 7. Rash 8. Lacerations  
 9. Petechiae 10. Hematoma 11. Blister 12. Stoma  
 13. Sutures 14. Staples 15. Other: \_\_\_\_\_  
 Skin Color normal for patient   
 Pale  Cyanotic  Jaundice  
 Shiny  Clammy  Cool  
 Diaphoretic  
 Braden Scale Score 20  
 If Braden Scale  $\leq$  18 initiate Skin Care Protocol  
 Comments: \_\_\_\_\_



Initial Assessment  See Narrative for Additional information Signature \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_  
 No Changes to initial assessment  See Narrative for \_\_\_\_\_ Signature \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_  
 No Changes to previous assessment  See Narrative for \_\_\_\_\_ Signature \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_