

## Pediatric Case 2: Sabina Vasquez

### Guided Reflection Questions

#### Scenario Analysis Questions

1. List in order of priority your initial nursing actions for Sabina Vasquez based on physical findings and family interaction.

**Answer:** Identify self, patient, parent and wash hands.  
Obtain vital signs.  
Assess respiratory system- auscultate lungs  
Physical findings  
Administer medications as ordered.  
Reassess respiratory for signs of improvement.
2. What complications might Sabina Vasquez face if her symptoms are not recognized and if care is not initiated in a timely manner?

**Answer:** Respiratory distress, possible cardiac arrest, lack of tissue perfusion and an altered level of consciousness.
3. As you begin to think about discharge planning for Sabina Vasquez and her family, what teaching needs to be provided?

**Answer:** Sabina and her family need to be taught when medication is necessary (like before exercise) and when emergency help is necessary. They should be taught how to properly use medications such as inhalers, and practice it with health care professionals.
4. Reflecting on Sabina Vasquez's case, were there any actions you would do differently? If so, what were these actions, and why would you do them differently?

**Answer:** I would practiced patient and parent education and continuously assessed Sabina and her respiratory before and after administering medications.
5. Describe how you would apply the knowledge and skills obtained in Sabina Vasquez's case to an actual patient care situation.

**Answer:** I would assess the patient and check on them often. I will be focused and remain calm, administer medications ordered and provide patient education for symptom management.