

**Covenant School of Nursing
Instructional Module 5 Learning Guide
Topic: Child and Adolescent Disorders**

Learning Goals/Outcomes
<p>Upon completion of this lesson, you will be able to:</p> <ul style="list-style-type: none"> • Identify Autism Spectrum Disorder (ASD) and Attention Deficit/Hyperactivity Disorder (ADHD) when encountered in patient care. • Compare and contrast Oppositional Defiant Disorder (ODD) with Conduct Disorder (CD). • Differentiate between various types of eating disorders. • Choose effective treatment for patients with eating disorders. • Use therapeutic communication while providing nursing care to patients with eating disorders
Pre-Class Preparation
<p>Required: Hockenberry, M. J., Wilson, D. & Rodgers, C.C (2017). <i>Wong's essentials of pediatric nursing</i> (10th ed.). St. Louis, MO: Mosby/Elsevier.</p> <ul style="list-style-type: none"> • Anorexia Nervosa and Bulimia Nervosa, pgs. 488-491. • Cognitive Impairment, pgs. 530-531. <p>Additional Resources:</p> <ul style="list-style-type: none"> • HESI Clinical Skills: Skills for Nursing Collection: Mental Health Collection • HESI Case Studies & Practice Test: Psychiatric/Mental Health
Learning Activities
<p>PowerPoint Voiceover Activities:</p> <ul style="list-style-type: none"> • Ask yourself “What are the different types of therapy that may be used with these disorders?”. • Watch several brief clips that distinguish between the different disorders. <p>Laboratory/Clinical Activities:</p> <ul style="list-style-type: none"> • None. <p>Online/Out of Class Activities:</p> <ul style="list-style-type: none"> • HESI Clinical Skills: Mental Health Collection: Attention Deficit Hyperactive Disorder: Adolescent Patients • HESI Clinical Skills: Mental Health Collection: Eating Disorders • HESI Case Studies & Practice Test: Psychiatric/Mental Health: Attention Deficit Hyperactivity Disorder (ADHD) • HESI Case Studies & Practice Test: Psychiatric/Mental Health: Feeding and Eating Disorders
Evaluation Methods
<ul style="list-style-type: none"> • Unit Exam • HESI Specialty Exam: Pediatric Nursing

Texas DECs	QSEN Competencies
Knowledge: IIB1, 3, 9; IIC1a-1b, 2b, 4b, 8; IIE4a, 6a.	Patient-Centered Care, Evidence-Based Practice, Teamwork and Collaboration,

Clinical Judgment: IIB1-2; IIC1, 4; IIE1, 2b, 3b-6c, 9.	Informatics, Safety.
<i>IM Student Learning Outcomes</i>	<i>NCLEX Test Plan</i>
1, 2, 5, 6, 8	Psychosocial Integrity: Behavioral Interventions, Crisis Intervention, Family Dynamics, Mental Health Concepts, Therapeutic Communication, Therapeutic Environment. Physiological Integrity: Basic Care and Comfort: Nutrition and Oral Hydration.
<i>Concepts</i>	<i>Faculty</i>
Cognitive Function, Moods and Affect, Safety, Nutrition, Clinical Judgment	D'Anne White MSN, RN
<i>Date originated:</i> May, 2016	<i>Revision Dates:</i> November, 2016 July, 2016 November, 2017 May, 2018 November, 2019 July, 2020 January, 2021

*Instructional Module 5 Learning Guide
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