

# Covenant School of Nursing Reflective

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IM7

<p><b>Step 1 Description</b></p> <p>Jan 5<sup>th</sup> and 6<sup>th</sup>, we were assigned at the SICU. In there, On day 1, I was helping a patient with the working diagnosis of severe shock who was unconscious and was on a ventilator.</p> <p>On my second day, I was with a patient who has a cranial mass (Large B cell lymphoma with scattered infiltrates) who was also on a ventilator. Both patients were unconscious.</p> <p>I was also able to do postmortem care for the first time. This was for me, the most memorable experience I had with this clinical rotation.</p>	<p><b>Step 4 Analysis</b></p> <p>I learned that if you focus and put all your learnings together, everything will fall into the right places. I remembered everything I learned in my past modules and it helped me be confident. You also have to show the nurse you are shadowing that you are interested to know things.</p>
<p><b>Step 2 Feelings</b></p> <p>I felt confident and skillful as I was shadowing two very good nurses. I was able to administer meds and hook IV meds and set the pumps, etc. At this point in my nursing student life, I felt that exposure and application of learned skills will boost your confidence.</p> <p>Doing the postmortem care was hard emotionally.</p>	<p><b>Step 5 Conclusion</b></p> <p>I think I did really good. I don't think I did something wrong except that I have to improve my social skills and be more friendly with the patient and in this case, their folks and family members because I can be a timid around them sometimes.</p>
<p><b>Step 3 Evaluation</b></p> <p>What was good about this experience is that I am starting to be comfortable with what I do and apply the things I have learned in theories.</p> <p>When doing postmortem care, it is important to treat the patient the way you would on a living patient. Treat them with dignity and respect.</p>	<p><b>Step 6 Action Plan</b></p> <p>I will definitely work on my interpersonal skills and try to be more friendly not only to my patients and their family but also to other nurses.</p>

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